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Tuesday

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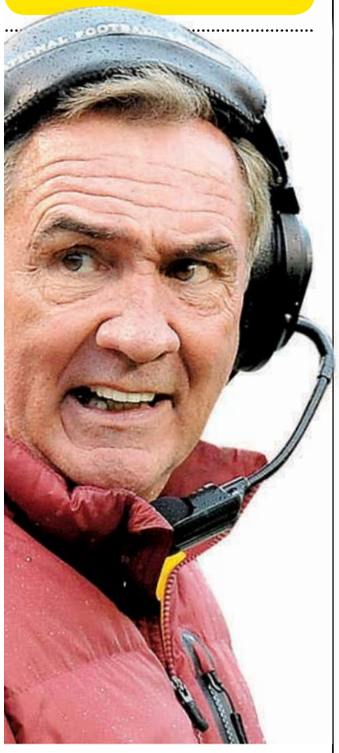

DAMAGE CONTROL

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CHEERS!

Election night can be a party, regardless of your affiliation 34

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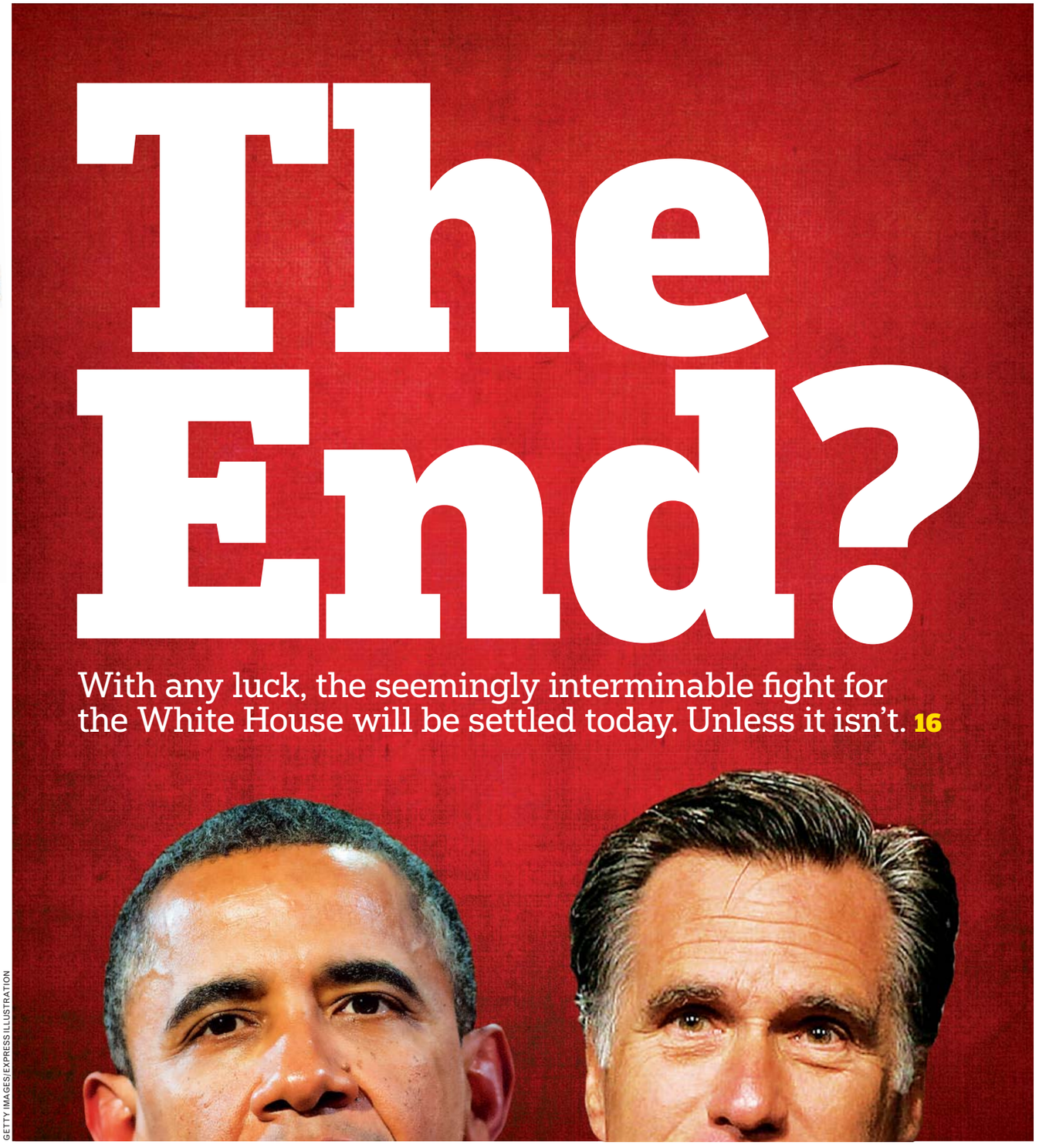
FOR EXTENDED FORECAST, SEE PAGE 45

The End?

With any luck, the seemingly interminable fight for the White House will be settled today. Unless it isn't. 16



GETTY IMAGES/EXPRESS ILLUSTRATION

eo

eye openers

REQUIREMENTS

New Jersey Looks Into Adding Tan Clauses to Work Contracts

Job seekers in one Welsh town are being offered something to aid in their search for employment — free spray tans. The Telegraph reported Monday that the Well-being and Training Academy in Aberdare, Wales, says it's offering free tans and makeovers to give people extra confidence as they search for work. (EXPRESS)

"It's not just children who love it. For many elderly people, swimming with a big cat is on their bucket list."

— **RANDY STEARN,** WILD THINGS HEAD ANIMAL TRAINER IN DADE CITY, FLA., ON THE PARK'S "SWIMMING WITH TIGERS" EXPERIENCE, WHICH ALLOWS PEOPLE TO SWIM WITH AND FEED TIGER CUBS, THE SUN REPORTED LAST WEEK

MUSIC

'But They Get All Forlorn When We Play Taylor Swift'

A British airport has found that playing songs by Tina Turner scares birds away from its runways — keeping them safe from harm. To get the birds to take flight, officials at the Gloucestershire Airport in Staverton use a van equipped with a loudspeaker to blast songs, and they found that Turner's voice worked better than playing bird distress noises or lighting fireworks, the Gloucestershire Echo reported last week. (EXPRESS)

The Big Picture

CHRIS JACKSON/GETTY IMAGES

'I THOUGHT THEY WERE SENDING KATE!' "Mud Men" in traditional dress prepare to greet Camilla, Duchess of Cornwall, and Prince Charles after a cultural performance Sunday in Port Moresby, Papua New Guinea. The royal couple are in the country on the first leg of a Diamond Jubilee Tour taking in Papua New Guinea, Australia and New Zealand.

In Wake of Superstorm, No Plan Yet for Victims

Officials rush to find housing for those left homeless in N.Y., N.J.

New York

Government leaders are turning their attention to the next crisis unfolding in the aftermath of Superstorm Sandy: finding housing for potentially tens of thousands of people left homeless.

The Federal Emergency Management Agency said it has already dispensed close to $200 million in emergency housing assistance and has put 34,000 people in the New York and New Jersey metropolitan area up in hotels and motels.

But local, state and federal officials have yet to lay out a specific, comprehensive plan for finding them long-term places to live, even as cold weather sets in. And given the scarcity and high cost of housing in the metropolitan area and the lack of open space, it could prove a monumental undertaking.

CRAIG RUTTLE/AP

A week after Superstorm Sandy tore through the area, damaged homes rest Monday along the beach in the Belle Harbor section of the borough of Queens, N.Y.

For example, can enough vacant apartments be found? Will the task involve huge, Katrina-style encampments of trailer homes? And if so, where will authorities put the trailers? In stadiums? Parks?

Authorities cannot answer those questions yet.

"It's going to be one of the most complicated and long-term recovery efforts in U.S. history," said Mark Merritt, president of Witt Associates, a Washington crisis management consulting firm founded by former FEMA director James Lee Witt.

In New York City, Mayor Michael Bloomberg said Monday that the worst-case estimate is that 40,000 people are in need of housing, but added that as many as 20,000 will probably get their heat and power back within a few days.

In New Jersey, state officials said at least 4,000 residents were in state shelters.

The storm killed more than 100 people in 10 states but vented the worst of its fury on New Jersey and New York. A week after the storm, 1.4 million homes and businesses remained in the dark, mostly in New York and New Jersey.

JENNIFER PELTZ AND MEGHAN BARR (AP)

Nor'easter Coming

A week after Superstorm Sandy pummeled the East Coast, residents were bracing for yet another potentially damaging storm. A nor'easter taking shape Monday in the Gulf of Mexico was expected to begin its march up the coast, eventually passing within 50 to 100 miles of the wounded New Jersey coastline on Wednesday. The storm was expected to bring winds of up to 55 mph, coastal flooding, up to 2 inches of rain along the shore, and several inches of snow to Pennsylvania and New York. (AP)

In Brief

LOS ANGELES

Study: Vitamins Don't Lower Heart Risks in Men

Multivitamins might help lower the risk for cancer in healthy older men but they do not affect their chances of developing heart disease, according to new research presented Monday at an American Heart Association conference. While vitamins serve as a supplement to healthy diets, they are not a replacement, said the study's leader, Dr. Howard Sesso. (AP)

ATLANTA

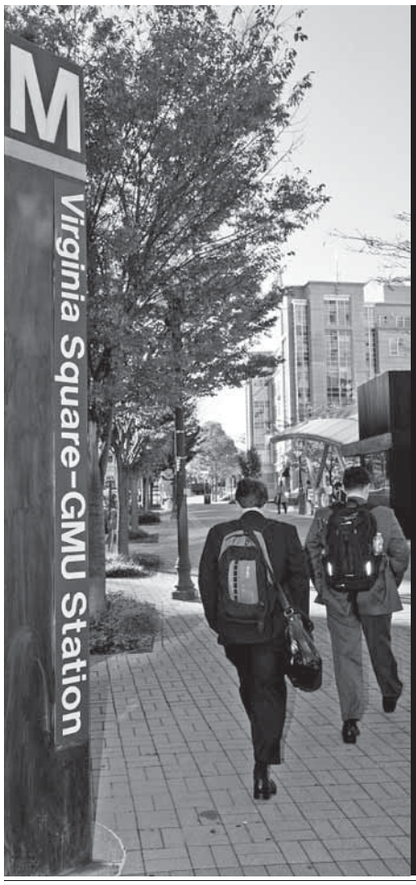
Police Helicopter Was Fit For Flight, Officials Say

The Atlanta police helicopter that crashed and killed two officers on board Saturday night had been completely refurbished within the past decade, and its pilot and maintenance crew were confident it was safe to fly, officials said Monday. (AP)

$128K

The amount Sister Mary Anne Rapp is accused of stealing from St. Mary and St. Mark parishes in rural upstate New York, where she worked. Officials believe she spent the money at casinos, and Rapp's order said she has received treatment for gambling addiction. (AP)

Crossover Appeal: Instagram, the photo-sharing app that was created for iPhone and Android phones, is expanding to the Web. The service, which is owned by Facebook Inc., said in a blog post Monday that it will launch Instagram profiles on the Web over the next few days. Now, users will have a website with a profile photo, bio and a selection of the snapshots they've recently shared on Instagram. (AP)



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Nation

Pa. Zoo: Wild Dogs Killed Boy

Officials: 2-year-old died from mauling, not fall into exhibit

Pittsburgh

A 2-year-old boy who fell into an exhibit of African wild dogs was killed by the animals, not the fall, the president of the Pittsburgh Zoo said Monday, adding a horrific coda to a tragedy.

The boy's mother had picked him up and put him on top of a railing at the edge of a viewing deck late Sunday morning when he lost his balance and fell, said Barbara Baker, CEO and president of the Pittsburgh Zoo and PPG Aquarium. There was a safety net below the railing but it failed to catch him, and the boy dropped more than 10 feet into the enclosure, she said.

"The child was so small that he bounced. He bounced twice and then he bounced into the exhibit," said Baker, tearing up at a news conference Monday afternoon.

KEITH SRAKOCIC/AP

A teddy bear rests Monday outside the Pittsburgh Zoo and PPG Aquarium.

The animals attacked the child so violently and quickly that by the time a veterinarian and other zoo staffers arrived seconds later, they determined it would have been futile to try rescuing the boy, she said.

Baker said she had been informed by the Allegheny County medical examiner that an autopsy determined the boy survived the plunge. The medical examiner's office has not yet publicly confirmed its findings or released the boy's name.

The African painted dogs, considered endangered, are about 37 to 80 pounds, roughly similar to medium-sized domestic dogs, according to the zoo.

The attack happened in a 1.5-acre "Painted Dog Bush Camp" exhibit, part of a larger open area where elephants, lions and other animals can be seen. Visitors walk onto a deck that is glassed on the sides but open in front where the roughly 4-foot railing is located.

The zoo closed immediately following the accident. JOE MANDAK (AP)

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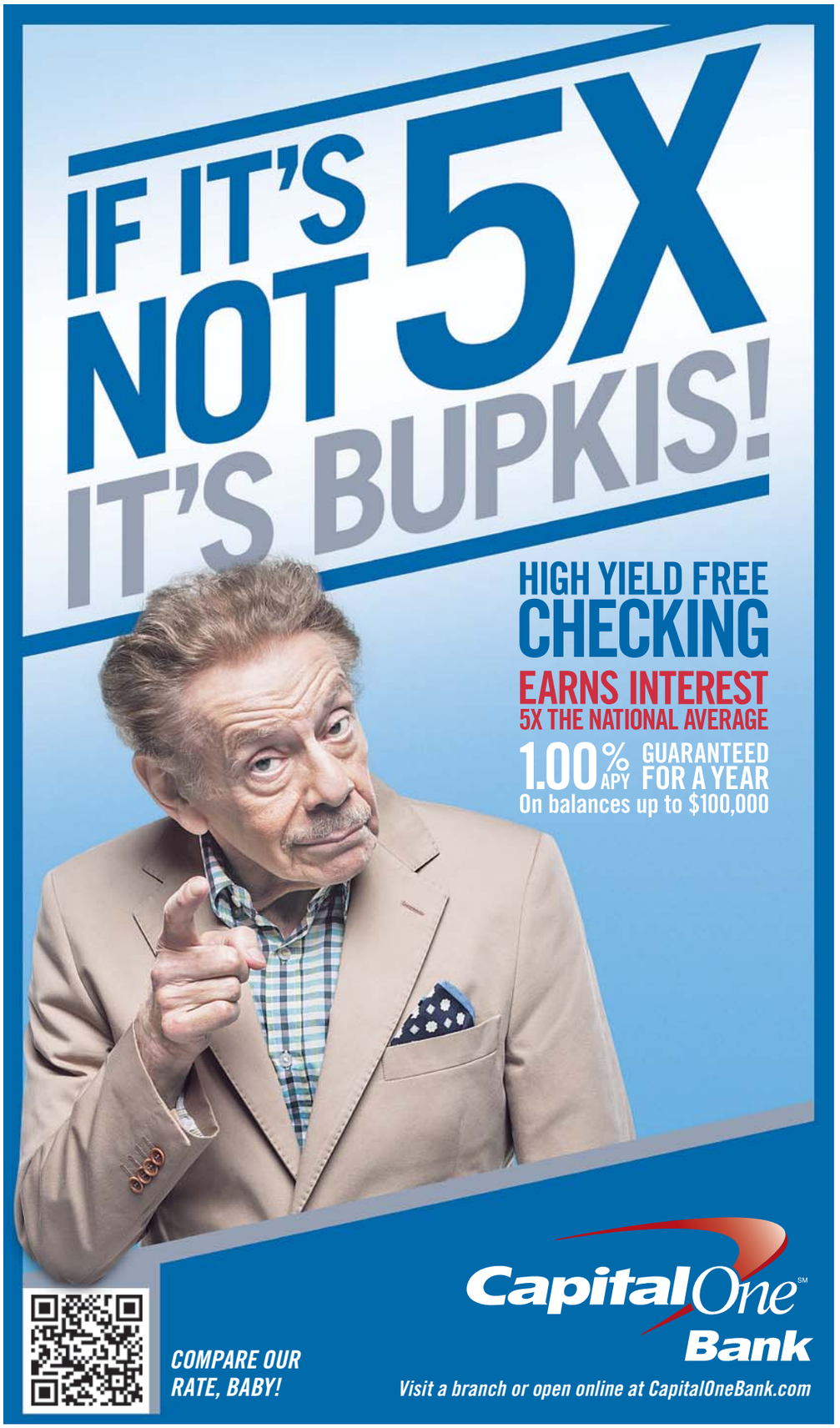

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Nation

Afghan Massacre Pretrial Begins

U.S. soldier accused of killing 16 villagers in nighttime attack

Joint Base Lewis-McChord, Wash.

The soldier accused of killing 16 villagers in a nighttime rampage in Afghanistan returned to his base wearing a cape and with the blood of his victims on his rifle, belt, shirt and pants, a military prosecutor said Monday.

Staff Sgt. Robert Bales was incredulous when fellow U.S. soldiers drew their weapons on him when he returned to Camp Belambay in southern Afghanistan last March, prosecutor Lt. Col. Jay Morse said as a preliminary hearing opened at Joint Base Lewis-McChord, Wash.

Bales then turned to one sergeant at the scene and said: "Mac, if you rat me out ..." Morse said.

Bales, 39, has been charged with 16 counts of premeditated murder and six counts of attempted murder in one of the worst atrocities of the Iraq and Afghanistan wars. Nine of the victims were children. The hearing will help determine whether the case goes to a court martial.

Bales has not entered a plea. His attorneys say that Bales has PTSD and suffered a concussive head injury during a prior deployment to Iraq. The hearing is scheduled to run as long as two weeks.

GENE JOHNSON (AP)

Backstory

Staff Sgt. Robert Bales is accused of slipping away March 11 from a remote outpost in Afghanistan with an M-4 rifle outfitted with a grenade launcher to attack the villages of Balandi and Alkozai, in a dangerous district. American officials have said they believe Bales broke the slaughter into two episodes — walking first to one village, returning to the base and slipping away again to carry out the second attack. (AP)

Study: Stem Cells Fix Heart Woes

Los Angeles

Researchers are reporting a key advance in using stem cells to repair hearts damaged by heart attacks. In a study, stem cells donated by strangers proved as safe and effective as patients' own cells for helping restore heart tissue.

The work involved just 30 patients in Miami but proves the concept that anyone's cells can be used to treat such cases. Doctors are excited because this suggests that stem cells could be banked for off-the-shelf use after heart attacks, just as blood is kept on hand now.

Results were discussed Monday at an American Heart Association conference in California and published in the Journal of the American Medical Association.

In the study, 15 patients were given cells from their own marrow, and 15 others were given cells from strangers.

Juan Lopez received his own cells and said it improved his symptoms so much that at age 70, he was able to return to his job as an engineer and sales manager for a roofing manufacturer.

"It has been a life-changing experience," Lopez said. (AP)

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World

In Brief

JERUSALEM

Netanyahu Vows to Keep Iran From Getting a Nuke

Netanyahu

Iran is progressing toward acquisition of a nuclear bomb in order to destroy Israel, Israeli Prime Minister Benjamin Netanyahu warned in an interview that aired Monday, but he pledged that as long as he is prime minister, Iran will not go nuclear. "We are serious, this is not a show," he told Israeli Channel 2 TV's investigative program "Uvda." (AP)

CAIRO

Coptic Pope Speaks Out On Egyptian Constitution

Egypt's new Coptic pope said Monday that the constitution now being drafted will not be acceptable if it is overtly religious, a sign he would campaign with his Christian minority and secular groups against increasing Islam's role in the new charter. Pope Tawadros II's comments came in an interview with the private TV station ONTV on Monday, a day after he was selected patriarch of Egypt's Coptic Church. (AP)

Hearsay

"She said, 'I didn't do it on purpose. I won't look again.' By then I had already thrown the acid. It was her destiny to die this way."

— **ZAHEEN ZAFAR,** A PAKISTANI WHO IS ACCUSED OF KILLING HER 15-YEAR-OLD DAUGHTER BECAUSE SHE SULLIED THE FAMILY'S HONOR BY LOOKING AT A BOY, IN A BBC INTERVIEW BROADCAST MONDAY. ZAFAR AND HER HUSBAND RECOUNTED THE OCT. 29 INCIDENT FROM JAIL.

Chinese Enthralled by U.S. Vote

Election comes as Beijing is poised for leadership transition

Beijing

Where can a pop star score a hit by talking about the U.S. Electoral College for 33 minutes? In China, where Gao Xiaosong's explanation of the system drew more than 1 million hits in four days.

Chinese have long been fascinated with U.S. elections, but interest is particularly high this year because Americans are voting as Beijing is going through its own political transition. A generation of Communist Party leaders will step down next week to make way for younger colleagues after a highly secretive selection process.

For many ordinary Chinese, comparisons are irresistible.

In a political cartoon circulated online, an American voter covers his ears as the candidates verbally attack each other on TV, while a Chinese man struggles to hear anything from the party congress, taking place behind closed doors.

Chinese delight in speculating whether President Barack Obama will fend off Republican Mitt Romney, but they are more captivated by Americans' ability to vote for their leader.

"The 18th Party Congress is a meeting for the party. We ordinary people can only watch it as an audience," said Wang Xiaojian, a 21-year-old Peking University student. "The U.S. presidential election is a campaign that gets everyone involved."

For decades, China's public knowledge of U.S. elections was limited to state propaganda, which depicts the election as a money game controlled by Wall Street. Even if Chinese don't wholly believe it, the repetitive line of state media impacts how they view U.S. politics.

The less-censored Internet has changed the game, giving Chinese space to comment and exchange opinions. Videos of the presidential debates are also available online.

Xu Chunliu, a content editor for the microblogging site Tencent Weibo, said even being able to have conversations about voting and democracy is a positive step.

"I think China is developing into a more normal country," Xu said. DIDI TANG (AP)

Divided Perceptions

Admiration for the U.S. political system does not necessarily extend to the U.S. itself. U.S.-China relations have been buffeted by tiffs over trade, nuclear proliferation and such global hotspots as Syria and Iran. Many Chinese resent what they see as scolding by U.S. politicians and media about China's human rights lapses and its authoritarian system. A Pew Global Attitudes Project survey released last month found that nearly half of Chinese have a negative view of the U.S. Still, the survey registered a small increase among Chinese who like American democracy, up to 52 percent, from 48 percent in 2007. More dramatic was a decrease in Chinese rejecting U.S. democracy, down to 29 percent from 36 percent in 2007. (AP)

Refugees Wait for a Solution in Syria

KHALIL HAMRA/AP

A SYRIAN GIRL RESTS ON THE OUTSKIRTS OF A REFUGEE CAMP close to the country's border with Turkey on Monday. New chaos engulfed Syria's civil war Monday as Palestinian factions and opponents of the embattled regime were swept up in intense fighting in Damascus. Meanwhile, in an effort to solidify the opposition in the nearly 20-month conflict, the main Syrian opposition bloc on Monday broadened its ranks at a convention in Doha, Qatar.

Official: Team Prepares to Exhume Arafat

Ramallah, West Bank

A team of Swiss investigators visited the West Bank grave of late Palestinian leader Yasser Arafat on Monday to determine how best to dig up remains and extract samples ahead of their exhumation later this month, a Palestinian official said.

The Swiss team, one of two groups set to conduct parallel probes into Arafat's 2004 death, inspected the tomb in Ramallah. A French team and Swiss team are acting separately on behalf of Arafat's widow, Suha Arafat, and the Palestinian Authority.

A Western diplomat said the exhumation would most likely take place Nov. 26. (AP)

28%

The amount of the electrical grid in Santiago, Cuba, that has been restored as of Monday since Hurricane Sandy swept through two weeks ago, the Cuban news agency Prensa Latina reported. Much of the storm debris has been cleared from the streets, and students went back to classes there Monday. (AP)

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World

Russia Plans Resorts To Stabilize Region

Arkhyz, Russia

After years of trying to suppress religious and ethnic tensions in its southwestern mountains with guns and troops, Russia is offering new incentives to combat unrest and terrorism: ski slopes and sandy beaches.

The idea is to bring jobs and prospects to the people of the North Caucasus, where Islamic fundamentalism and separatist aspirations have resulted in death and violence in the region's mountains as well as a thousand miles away in Moscow. The vehicle is an $18 billion plan for seven ski resorts scattered through the mountains, and three beach developments costing $4.6 billion on the Caspian Sea.

The landscape here is awe-inspiringly beautiful, nearly everyone agrees, and economic development is vital to long-term peace. But the question is: Will tourists feel safe? So far this year, 574 violent deaths have been reported in the North Caucasus.

300,000

The number of jobs Russian officials estimate that 10 planned resorts and beach developments would bring to the North Caucasus region. (TWP)

Much of the answer probably depends on the success of the 2014 Winter Olympics, which Russia will host in Sochi. Still, some experts are dubious — Russia has had many big plans for the Caucasus.

"And what is the result? The same corruption, the same unemployment, the same resistance," said Alexei Malashenko of the Carnegie Moscow Center. "It's a problem. It's a problem forever."

KATHY LALLY (THE WASHINGTON POST)

Strikes Halt Debt-Saddled Greece

PETROS GIANNAKOURIS|AP

A WOULD-BE COMMUTER WALKS DOWN into a subway station — which was closed amid a general strike — Monday in Athens, Greece. The country's government faces a crucial test in Parliament as unions on Monday launched three days of escalating strikes against new austerity proposals.

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@unsuckdcmetro they told us trains would run the extra hour last night, last train was prior to 2am, stranding tons of people on U st #wmata
— @DRJLCPHD

@DrJLCPhD @unsuckdcmetro seriously. That was ridiculous. Locked entrance to DuPont way before 3 too. #wmata
— @eschultz206

I can't believe #wmata said they'd stay open until 3am last night, only to change their mind last minute and strand tons of people.
— @YoCallieJo

Metro Botches 'Fall Back'

Transit system fails to turn clocks back, closes stations early

Washington

Metro was supposed to stay open late Saturday night because of the end of daylight saving time, giving riders an extra hour of service. But that didn't happen, stranding multiple riders who had been counting on a ride home.

The transit system was going to run trains until early Sunday morning at 3 a.m., adding an hour of rail service after clocks were turned back at 2 a.m.

Several riders took to Twitter to vent about the error.

"We made a mistake, and we apologize to our customers for any inconvenience," Metro spokeswoman Cathy Asato said in a statement. "The system closed at 3 a.m. EDT when it should have closed at 3 a.m. EST."

Metro tweeted an apology to riders Monday but offered no additional detail about what happened. MARK BERMAN (THE WASHINGTON POST)

Submitted by @sophatsoeung: Finally Dupont Circle south exit is open again!

Tag **@ExpressDCrider** in your Instagram posts of the transit system, and if we ♥ your shot, email it to us for publication at **dcrider@wpost.com.**

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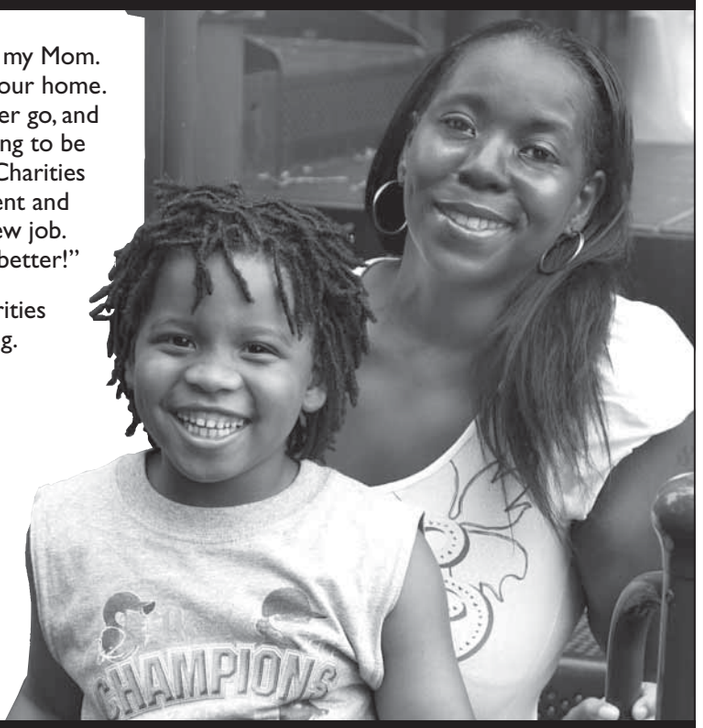

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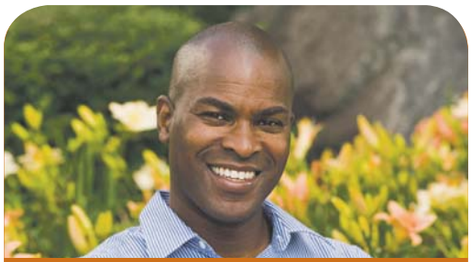
United Way **#8054** Combined Federal Campaign **#83997**

AFRICAN STUDY

A study at NIH is recruiting **healthy black African men and women** to understand diabetes and heart disease risk in Africans.

Were You Born In Africa?



Must Be:
- Born in Africa • 18-65 years old
- Requires 3 visits
- Compensation provided
- Refer to study # 99-DK-0002

Please call (301) 402-7119
http://clinicaltrials.gov

Department of Health and Human Services • National Institutes of Health
National Institute of Diabetes & Digestive & Kidney Diseases

You could be our next WRAP STAR!

Kids! Weekend and Going Out Guide are back with the annual Holiday Wrapping Paper Contest!

Pull out the markers, crayons and paints … design your own holiday gift wrap … and send it to us! (Parents should sign the back of artwork submitted by their children and sent from their home; teachers submitting artwork on behalf of an entire class should also provide their name and signature.)

A panel of judges will choose 12 finalists (three from each age group: 6 and younger; 7- to 8-year-olds; 9- to 10-year-olds; and 11- to 12-year-olds) whose designs will be posted online, where once again this year Washington Post readers will vote for their favorite design and help choose the winner.

The winning design will be printed in Weekend on Dec. 21 as a sheet of gift wrap, and on the cover we'll show the winning artist. Photos of the finalists and their entries will also appear in the section.

Weekend GoingOutGuide

No purchase necessary. Contest is open to residents of the District of Columbia, Maryland and Virginia at time of entry. Contest is sponsored by WP Company LLC d/b/a The Washington Post. The contest is open to children 12 and younger at time of entry. One entry per child. Entries must be received by November 26 and we'll contact the finalists by November 30. Readers and the public will have from 12:01 AM ET Saturday, December 1 until 11:59 PM ET Saturday, December 8, to vote. Many will enter, a few will win. For complete rules and guidelines for entering, visit washingtonpost.com/postfun.

XE695 2x10.5C

Local

Georgetown Receives $20M Gift

Anonymous donor to back initiative for environmental study

Washington

An anonymous donor is giving Georgetown University $20 million to support a major initiative for the study of the environment, school officials say.

The gift, announced last week, will endow three faculty chairs in the sciences, fund research grant proposals and support the creation of an environment initiative program center.

Bart Moore, the university's vice president of advancement, said the donor is "a longtime member of the Georgetown community with multiple family connections to the university." Moore said the donor is "fastidiously private" about philanthropy.

The largest gift to Georgetown, Moore said, was a $90 million donation from the Toulmin family, announced in 2010, to fund medical research.

Moore said the new gift "is the result of an extended and very substantive process of collaboration between the faculty, our academic leadership and the donor."

Three quarters of the donation, or $15 million, will fund the three faculty chairs.

MARK GAIL/TWP

The largest gift to Georgetown was a $90M donation announced in 2010.

The professors hired through that endowment, Georgetown President John J. DeGioia said in the announcement, will be "leaders in their fields" who have a record of "interdisciplinary research in the environment."

Georgetown officials said the $20 million gift will draw together researchers with common interest in the environment who happen to have expertise in various fields, such as biology, economics, law and public policy, among others. It accelerates an initiative that has been under way since 2009.

"The gift is tremendously exciting," said Matthew B. Hamilton, an associate professor of biology who is faculty director of the initiative. "It really is going to open quite a number of doors for us."

NICK ANDERSON (THE WASHINGTON POST)

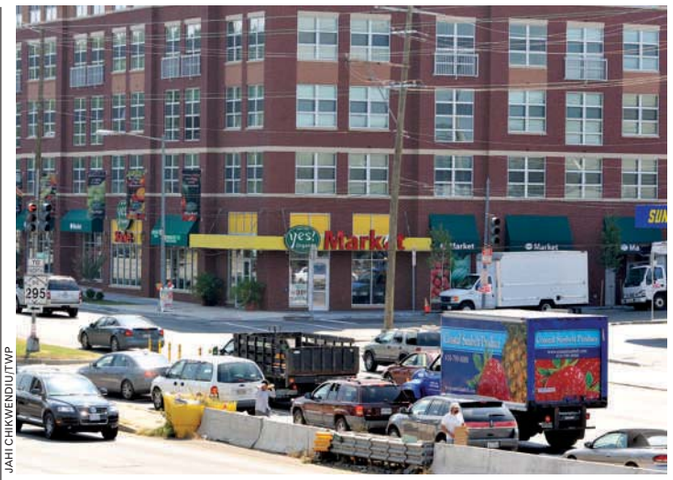
SE Organic Market Set to Close

Washington

Yes! Organic Market, the local chain of small, organic grocery stores, plans to close its store on Pennsylvania Avenue SE in the District's Fairlawn neighborhood later this year, a setback in efforts to expand food options in neighborhoods east of the Anacostia River.

When it opened in the fall of 2010, the store was hailed by the project's developer and District officials as a badly needed source of healthy food east of the river, where there are only three full-service grocery stores but more than 140,000 residents.

But Gary Cha, owner of the store, said despite a $900,000 grant from the District and his best efforts to make a profit, the store was losing so much money that he would have to close it later this year.



JAHI CHIKWENDIU/TWP

Yes! Organic Market in the Fairlawn neighborhood of Southeast is closing this year.

Cha expressed disappointment.

"I think I let the people living east of the Anacostia down," he said. "People who shop our store really like our store, and they really thank us, and they gave us energy to stay longer. But in the end, there was just not enough of those people." JONATHAN O'CONNELL (CAPITAL BUSINESS)

Election Board Clears Up Rights Of Poll Watchers

Fairfax

Virginia's Board of Elections is sending out last-minute instructions to local election boards clarifying poll watchers' rights in the wake of a lawsuit from Fairfax County Democrats. The state board sent instructions Monday urging election officials to be "as flexible and transparent as possible" Tuesday in their dealings with poll watchers.

Fairfax County Democrats sued local and state elections officials last week, saying that the county was training its precinct workers to illegally bar poll watchers from speaking to voters. Democrats say poll watchers need to be able to interact with voters to ensure they aren't unfairly denied ballot access. (AP)

In Brief

ANNE ARUNDEL POLICE DEPARTMENT

Police found marijuana, drug paraphernalia and this alligator during a search.

JESSUP, MD.

Md. Police Find Alligator During Home Search

Anne Arundel County Police seized a 3-foot-long American alligator during a drug raid on a home in Jessup. Officers executed a search-and-seizure warrant Friday on the home. Police say they seized 159 grams of marijuana with an estimated street value of $3,180. Animal Control officers removed the alligator, which appeared to be in good health, and took it to a facility for exotic animals. (AP)

SILVER SPRING, MD.

Man Whose Son Fell From Window Charged

Montgomery County Police have charged the father of a 4-year-old who fell from a ninth-floor apartment window in Silver Spring. Christopher Keith Harley, 30, of Temple Hills was arrested Oct. 26. He is charged with child neglect and leaving a child under the age of 8 unattended. Harley was released on bond. Police say on Oct. 11, the boy fell from the window. He remains hospitalized in serious condition. (AP)

UPPER MARLBORO, MD.

2 Killed, 3 Injured in Md. Multi-Vehicle Crash

Two people were killed and three others injured in a multi-vehicle crash in the Largo area Monday afternoon, fire officials said. Mark Brady, a Prince George's County Fire/EMS spokesman, posted on Twitter that two people were killed, one man was seriously injured but is expected to survived, and two others sustained minor injuries in a crash in the 13600 block of Central Avenue. (THE WASHINGTON POST)

The Lotteries

Monday, Nov. 5

Maryland

Mid-day Pick 3	2-4-3
Evening Pick 3 (Sun.)	9-8-2
Mid-day Pick 4	6-9-7-1
Evening Pick 4 (Sun.)	2-1-4-2
Match 5 (Sun.)	1-14-23-33-38 (22)

District

Mid-day Lucky Numbers	7-2-7
Evening Lucky Numbers (Sun.)	1-3-4
Mid-day DC 4	1-8-8-2
Evening DC 4 (Sun.)	7-6-8-6
Mid-day D.C. Five	9-5-2-5-1
Evening D.C. Five (Sun.)	5-3-3-2-3

Virginia

Mid-day Pick 3	8-7-1
Evening Pick 3 (Sun.)	6-7-2
Mid-day Pick 4	6-1-1-2
Evening Pick 4 (Sun.)	6-3-6-3
Mid-day Cash 5 (Sun.)	9-11-21-23-27
Evening Cash 5 (Sun.)	3-7-12-17-28

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

Decision 2012

End in Sight (Maybe)

Both sides brace for a potentially ugly wait as the results trickle in

Washington

As President Barack Obama and Republican challenger Mitt Romney spent election eve rushing from one swing state to another, their campaigns were already preparing for a complicated — and possibly long — battle over Tuesday's vote.

On Monday, Obama scheduled visits to three states, and Romney four. But the Republican also planned to continue campaigning into Election Day, visiting the key states of Pennsylvania and Ohio one last time.

Even before Tuesday's voting began, the two sides were already skirmishing over how the balloting was being administered.

In Ohio, a new dispute has broken out over the validity of provisional ballots. Usually, such special ballots — cast by voters but set aside for examination later — are required when something about the voter's eligibility is in doubt.

The fight over those ballots has now increased the possibility that — if Tuesday's election comes down to Ohio — it might be weeks before a final result.

In its final projection before Tuesday's vote, the Ohio Poll sponsored by the University of Cincinnati found the presidential race in Ohio too close to call, with Obama receiving support from 50 percent of probable voters and Romney getting 48.5 percent — within the poll's margin of error of plus or minus 3.3 percent.

A new poll from CNN and the Opinion Research Center, their final survey of the campaign, showed the national race as a dead heat Monday, with Obama and Romney tied at 49 percent.

The latest polling from Virginia reflects the overall closeness of the race nationally. An NBC News/WSJ/Marist poll shows Obama leading Romney by 48 percent to 47 percent in the Old Dominion, where the former Massachusetts governor had seemed to have momentum.

The best news for Romney came from Florida, where polls have shown both candidates in the lead in recent

CAROLYN KASTER/AP

President Barack Obama waves to supporters in Columbus, Ohio, during his swing through three battleground states Monday.

5 Election Night Questions

1 How much of an issue could voter fraud be?

Almost none — at least at the polls this week. Republicans and grass-roots groups contend that many illegal votes go undetected, but there is scant evidence to support the claim. Voter registration, however, has been a source of abuse and scandal.

2 What places are likely to encounter delays or other problems with voting?

The historic volume of early voting — as much as 40 percent of the electorate will have cast ballots by Tuesday — is likely to speed the process on Election Day. But extra-long ballots in some places, including Florida, have already caused lengthy lines. And technical difficulties are always a part of election night.

washingtonpost.com

For live updates from the battleground swing states and an interactive election map showing the latest state results and electoral counts, go to washingtonpost.com.

Election Tick Tock

Tuesday could be a long night. Here's a timetable for armchair election watchers on how the night will unfold, based on what time the last polls close in each state. All times are EST.

7 p.m. Polls close in six states but all eyes will be on **Virginia,** the first of the battleground states to begin reporting results. If either candidate is comfortably ahead in Virginia (13 electoral votes), that could be a leading indicator of which way the night is going. Virginia is especially important for Romney. In 2008, Obama became the first Democratic presidential candidate to carry Virginia since 1964.

7:30 p.m.: Polls close in three states, including all-important **Ohio** (18 electoral votes) and competitive **North Carolina** (15). If Ohio is particularly close, and polls suggest it might be, there's a chance the outcome there won't be known until after Election Day, and the presidency could hinge on it. In the past several elections, between 2 percent and 3 percent of the state's votes came from provisional ballots, which aren't counted until later. Without Ohio, Romney would need victories in nearly all the remaining up-for-grabs states and he'd have to pick off key states now leaning Obama's way, such as Wisconsin and Iowa.

8 p.m. More pieces of the puzzle will fall into place as polls close in **D.C.** and 16 states, including battlegrounds **Florida** (29) and **New Hampshire** (4). Democratic-leaning parts of Florida tend to be the last places to report, so don't call it too quickly if Romney looks strong early on. Most of the polls in Florida close at 7 p.m., so by 8 p.m., when the last polls close, results will start to roll out quickly. Tiny New Hampshire is another close state to watch. And keep watch on **Pennsylvania** for signs of a Romney surprise.

8:30 p.m. The polls close in **Arkansas** (6), where Romney has a comfortable lead in surveys.

9 p.m. Polls close in 14 states, including **Colorado** (9) and **Wisconsin** (10). Democrats have carried **Wisconsin** for six-straight presidential elections and Obama had the edge in polling going in, so a flip here would be noteworthy. Colorado, where almost 80 percent of voters cast early ballots, could be a straggler with those ballots.

Decision 2012

"When you make this choice, you have to remember this isn't just about policies. It's also about trust. After four years, you know me by now."

— **BARACK OBAMA,** SPEAKING MONDAY IN COLUMBUS, OHIO

"We are Americans; we can do anything. The only thing that stands between us and some of the best years we've ever imagined is lack of leadership."

— **MITT ROMNEY,** SPEAKING MONDAY IN SANFORD, FLA.

CHARLES DHARAPAK/AP

Republican Mitt Romney speaks to supporters in Fairfax, Va., at one of his two campaign stops in the battleground state Monday.

3 Will there be a winner on election night?

There is a decent chance that by the time most of us wake up on Wednesday, the seemingly endless campaign will have ended. But the elements are in place for a Florida-style donnybrook. Ohio is at the center of most overtime scenarios. State law provides for an automatic recount if the margin separating the candidates is within one-quarter of a percent of the total votes cast. But each of the 88 county election boards has until Nov. 27 to certify results and submit them to Secretary of State Jon Husted. A recount would be unlikely to begin before early December.

4 What if one candidate wins the popular vote and the other wins the Electoral College or if the Electoral College is tied?

Four men have won the presidency after losing the popular vote, most recently George W. Bush, who lost to Al Gore by 500,000 votes in 2000. The others were John Quincy Adams (1824), Rutherford B. Hayes (1876) and Benjamin Harrison (1888). There is potential for an electoral tie, in which case the new House — which is likely to remain in Republican hands — would choose the president. The Senate, which picks the vice president, could be a more contentious matter if it stays Democratic as expected.

5 Will new state voter ID requirements keep large numbers from voting?

Not to the extent once anticipated. Over the past two years, measures requiring voter identification became law in nine states, nearly all of them Republican-controlled. A study by the Brennan Center for Justice at New York University School of Law estimated that as many as 21 million voting-age Americans — 11 percent — lack government-issued photo ID. BILL TURQUE (THE WASHINGTON POST)

days. A poll from the Times-Union and Insider Advantage shows Romney up by 5 points in that state, thanks to a strong showing among independents.

Florida is a must-win for Romney: If Obama takes the state, the race is effectively over, analysts said, no matter what happens in other swing states.

Romney's itinerary for Monday included Florida, Virginia and Ohio. His day —but not his campaign — was to end with a rally in New Hampshire, the state where Romney's campaign officially began 17 months ago.

"Tomorrow, we begin a new tomorrow. Tomorrow, we begin a better tomorrow. This nation is going to begin to change for the better tomorrow," Romney told a crowd of more than 3,000 people in Sanford, Fla., in his first event of the day. "We can begin a better tomorrow tomorrow, and with the help of the people in Florida, that's exactly what's going to happen."

On Monday, Obama scheduled campaign stops in Wisconsin and Ohio before finishing his day in Des Moines, Iowa, at a rally with first lady Michelle Obama and rock icon Bruce Springsteen.

Obama's trip to Iowa is also a political homecoming of sorts: In 2008, his win in the Iowa caucuses helped launch his challenge to favorite Hillary Rodham Clinton in the Democratic primaries.

David Axelrod, a top strategist for the Obama campaign, was optimistic Monday: "We're going to win. ... This was destined to be a very tight race. We knew that. We built an organization for that reason."

He predicted that Obama would win both the popular vote and the electoral vote. "This is the season for weird theories, but we're very, very confident," he said. DAVID A. FAHRENTHOLD AND BILL TURQUE (THE WASHINGTON POST)

FACT VS. FICTION

False reports from the Twitterverse and blogosphere have tripped up the media in recent months, including rumors last week that Superstorm Sandy flooded the New York Stock Exchange. In an article Sunday, the New York Times spoke with news executives about plans to preserve accuracy in calling the election:

ABC News

Marc Burstein of ABC News told the Times he didn't expect the race to be called at 11 p.m. and couldn't give an estimate for when it would be called, citing the impact of early voting and the closeness of the election.

AP

A recent internal memo warned that the news service would call states or races when it felt certain of the outcome and warned that editors "strongly discourage AP staffers from posting, tweeting or retweeting others' calls."

CBS News

The organization plans to use several factors in deciding whether to call a state for Romney or Obama, including exit polling and vote counts, Ingrid Ciprian-Matthews said.

CNN

The network plans to exercise plenty of caution in calling the race, Washington bureau chief Sam Feist said, and increased its number of reporters out in the field.

(EXPRESS)

10 p.m. Polls close in four states, including the last of the battlegrounds, **Iowa** (6) and **Nevada** (6).Iowa's been leaning toward Obama, but watch how the vote breaks down geographically. Can Romney's advantage in GOP-heavy western Iowa overcome Obama's edge in eastern swing territory?

11 p.m. Polls close in five western states, but most are foregone conclusions for Obama. He gets 78 electoral votes from **California, Hawaii, Oregon** and **Washington**; Romney gets 4 from **Idaho**.

1 a.m. Wednesday: The last of the polls close, in **Alaska**. Romney gets 3 electoral votes. Will many people still be up? Political junkies could well be waiting to see how things play out in one or more battleground states. (AP)

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10171
Christian Service Charities

11731
700 Club, The (Christian Broadcasting Network)

10978
A Child's Hope Fund

10525
Advocates International

15522
Africa New Life Ministries International

11290
Aid to Children, Youth and Families

10980
AIDS Care Fund

12172
Alcohol & Drug Recovery Fund

11726
Alliance Defense Fund, Inc.

50678
Amen Foundation

12037
American Family Association

12038
Association for Christian Conferences, Teaching & Service (ACCTS)

10981
Association of Gospel Rescue Missions

12039
Awana Clubs International

10527
Baptist World Alliance

10982
Bible League International

12137
Biblica (Formerly International Bible Society)

11727
Billy Graham Evangelistic Association

11864
Blessings International

10528
Cadence International

12040
Campus Crusade for Christ's Great Commission Foundation

10983
Care Net

60224
Cargo of Dreams

11086
Child Abuse Intervention Fund

82907
Child Evangelism Fellowship

11728
Childcare Worldwide

10529
Children's Christian Hunger Network

10984
Children's Food Fund/World Emergency Relief

11729
Children's HopeChest

11730
Children's Hunger Relief Fund

12136
Christian Blind Mission

12041
Christian Foundation for Children and Aging

60378
Christian Leadership Alliance

12042
Christian Legal Society

10538
Christian Military Fellowship

11862
Christian Relief Fund

10536
Club Beyond/ Military Community Youth Ministries

10522
Compassion International

51307
East-West Ministries International

10526
Emergency Relief Response Fund

10985
Engineering Ministries International

10523
Family Research Council

10534
Focus on the Family

11732
Food for the Hungry

63203
Global Recordings Network

65765
Global Transformation Network

39488
Hagar USA Inc.

11738
Healing Waters International

10535
Home School Foundation

65504
Hope For The Heart

45107
InFaith (Formerly American Missionary Fellowship)

10988
International Christian Concern

11739
JAARS

32629
Kids Around the World

11733
Kids for the Kingdom

60259
Luis Palau Association

93403
MAMA Project, Inc.

27809
MANNA Worldwide

13334
Mephibosheth: Transforming Lives Through Vocational Training

94744
Mercy Ships

12045
Mexican Medical

10989
Mission Aviation Fellowship

11922
Mission to Children

21917
Missionary Athletes International

11734
Moody Bible Institute

10990
MOPS International

26099
National Day of Prayer Task Force

11087
Navigators, The

11735
Nazarene Compassionate Ministries, Inc.

10531
Officers' Christian Fellowship

40520
OneHope Inc.

67753
Open Air Campaigners - Overseas Ministries, Inc.

10530
Operation Blessing International Relief and Development Corp.

11421
Orphans Assistance & Rescue Inc.

11556
Pioneers, Inc.

11272
Prison Fellowship

10991
Prison Fellowship International

10532
Samaritan's Purse

10992
Senior Care Fund

47745
Servant Partners

45689
Strength for Service to God and Country

12629
Shepherd's Call

12046
Society of St. Andrew, The

90081
Village Missions

10993
Voice of the Martyrs, Inc

11273
Warm Blankets Orphan Care International

11001
Water Missions International

70171
Willow Creek Association

11386
World Concern-A Division of CRISTA Ministries

48918
World Reach, Inc.

11117
World Vision, Inc.

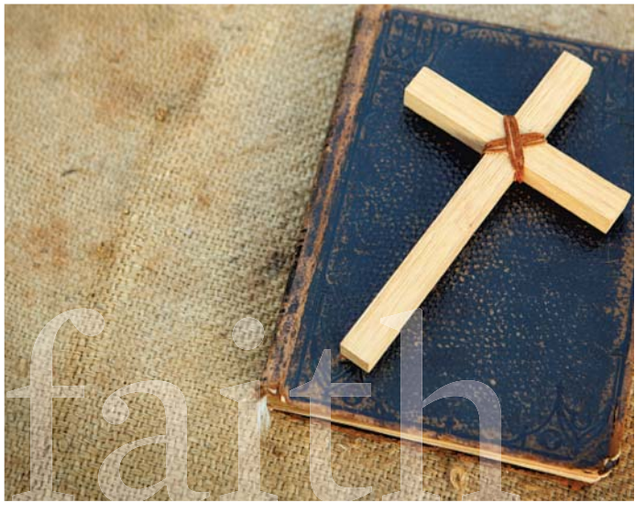
11740
Worldwide Christian Schools

11737
Wycliffe Bible Translators

10515
Young Life

Christian Service Charities

Following the Great Commission



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Beyond a Crisis: How Catholic Charities Addresses Deeper Issues for Families

When Esther lost her job, her life became a juggling act. Fortunately, Esther was a good juggler. A single mom with four children, she had always kept a careful eye on her family's budget; and for a while, she managed to stretch her unemployment check to meet their immediate needs.

Esther survived a financial crisis with the help of Catholic Charities.

Then she got a cut-off notice from her electric company.

"I was strapped," Esther said. "I had to make choices at that time of what to pay and what could wait." She started looking for help and was referred to Catholic Charities of the Archdiocese of Washington's Montgomery County Family Center (MCFC), which provides families with a whole range of help, including emergency financial assistance.

"There's a big change in who we see needing help," said Nhora Rosero, Family Support Specialist at the MCFC. "It used to be people with no education, people with no employment training. Now, it's families who for some reason have fallen on a hard time and are struggling to get out of it."

But providing financial aid isn't enough — people who suddenly find themselves in a tight budget spot also need tools to help them recover and avoid similar problems in the future. Underlying issues often need to be addressed. So staff at the MCFC enlisted the help of volunteers to begin "Money Matters," a class funded by the Neighbors In Need Montgomery Fund housed at The Community Foundation.

For Esther, the class offered a lot of practical advice. "I learned to pay myself first," she said. "In other words, instead of only tucking away what I have left at the end of the month, I put a certain amount in savings right at the start. This way I know there will always be something there on another rainy day."

She also learned how to budget for little things as well as big things. "Travel expenses were costing me a ton," she said. "Now I make one trip to the store a week. I plan my family's meals ahead. And I wait until I have a few errands before I go into town, to help save on gas or bus fare."

Thanks to the class, Esther has set up a budget she can manage, and a savings account she can fall back on, as she continues her search for employment. "Once Catholic Charities helped me out of that crisis, it was a fresh start for me and my family."

Catholic Charities serves more than 100,000 children and adults locally each year, providing help when it's needed most. More information is available at www.catholiccharitiesdc.org.

Photo courtesy of Catholic Charities of the Archdiocese of Washington's The Open Door Blog
Advertorial content provided by Catholic Charities of the Archdiocese of Washington.

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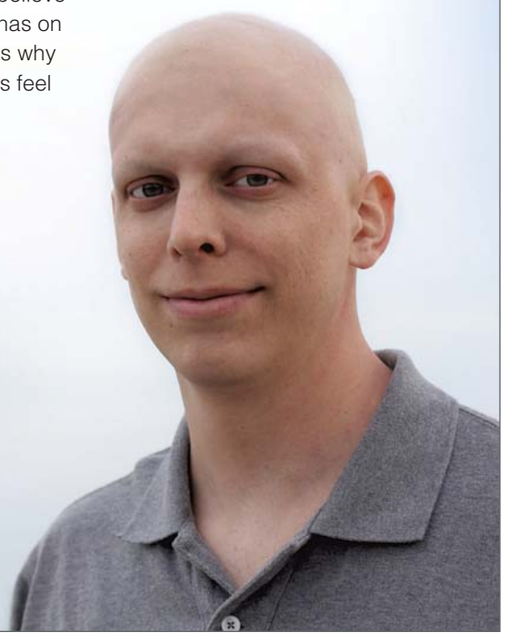

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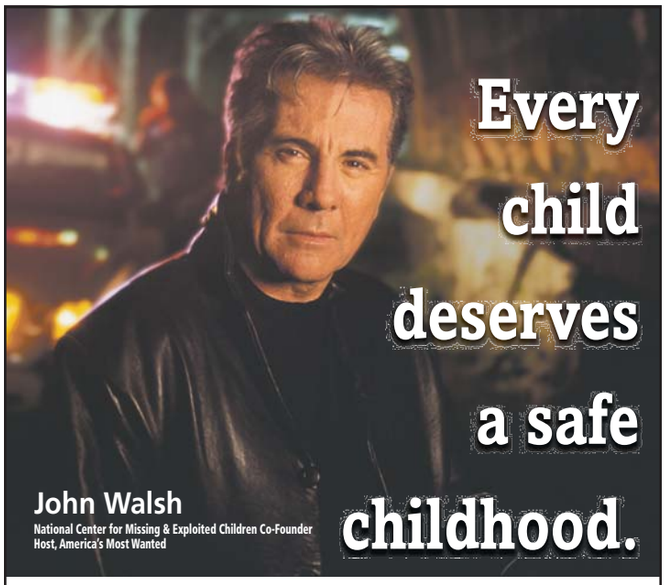

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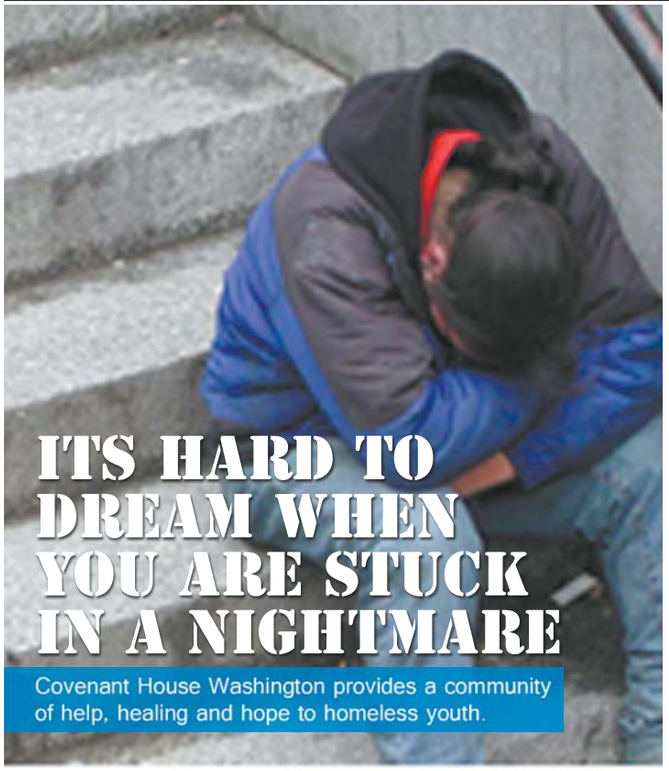

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Sports

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Shanahan Spoke Truth After Loss

Disregard anything Redskins coach Mike Shanahan said on Monday.

He can talk all he wants about not giving up on this season and how his 3-6 squad could somehow still make the playoffs. It's not true, and he knows it. Shanahan — whether he was caught in the heat of the moment or just decided the truth was easier — said what he was really thinking after Sunday's 21-13 loss to the Panthers.

By Matt Swenson

"You lose a game like that, now you're playing to see who obviously is going to be on your football team for years to come. I'll get a chance to evaluate players and see where we're at," Shanahan said Sunday, adding for good measure that the loss nauseated him.

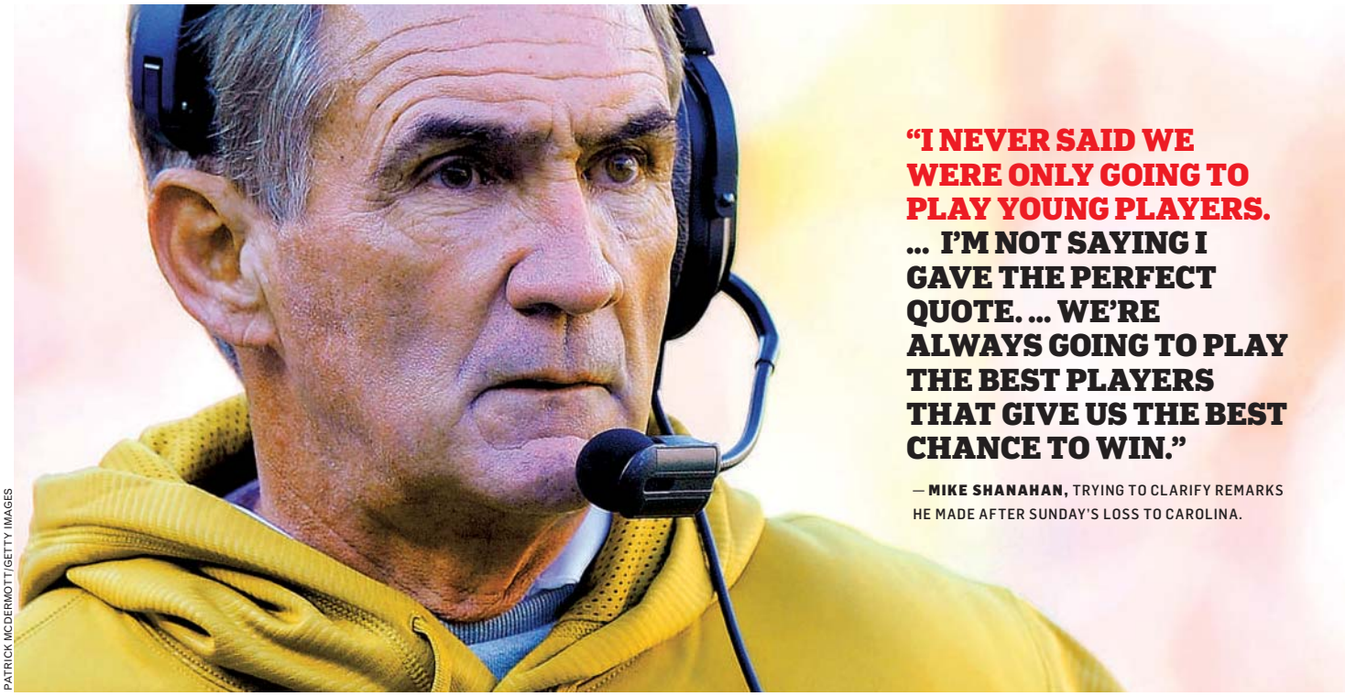
Shanahan was basically telling his team that he's going to give them a reason to care.

Whether he sent the right message or not — that's up for debate — the coach at least showed he cared.

He called out his team for quitting a second-straight week. The only other passion seen from Washington came a week earlier when the Steelers' Antonio Brown hot-dogged it to the end zone on a punt return that was called back. Eventually, tempers flared so much DeAngelo Hall got himself kicked out in the Oct. 28 loss.

Shanahan was basically telling his team that he's going to give them a reason to care: Their jobs are on the line. The straight talk may be bad for morale but it's refreshing. The Redskins stink, Shanahan knows it, and at least he seems motivated to do something about it.

@ Follow Matt Swenson on Twitter. His handle is @Swengali.



PATRICK MCDERMOTT/GETTY IMAGES

"I NEVER SAID WE WERE ONLY GOING TO PLAY YOUNG PLAYERS. ... I'M NOT SAYING I GAVE THE PERFECT QUOTE. ... WE'RE ALWAYS GOING TO PLAY THE BEST PLAYERS THAT GIVE US THE BEST CHANCE TO WIN."

— **MIKE SHANAHAN,** TRYING TO CLARIFY REMARKS HE MADE AFTER SUNDAY'S LOSS TO CAROLINA.

Shanahan Isn't Giving In

Coach tries to clarify his comments about looking to the future

The Redskins

A day after implying the Redskins had written off a return to the postseason this year, coach Mike Shanahan backtracked on Monday, saying he feels good about the direction of the football team.

While Shanahan acknowledged that it's "not often" teams in the Redskins' position make the playoffs, he has not given up hope — and he doesn't expect his team to.

"Every game is like a playoff game," Shanahan said at his weekly press conference. "We obviously don't have much margin for error."

Washington (3-6) is mired in a three-game losing streak, with the past two defeats being particularly dispiriting. Against the Steelers two weeks ago, Washington came out flat and stayed that way, losing 27-12. On Sunday, in front of former Redskins greats in town for a homecoming game, the Redskins were listless again. The team committed 13 penalties in what Shanahan had described as a "must-win game" against Carolina.

Shanahan used the words "disappointed" or "disappointing" no fewer than nine times in his postgame press conference after the loss to the Panthers.

"You lose a game like that, now you're playing to see who obviously is going to be on your football team for years to come. I'll get a chance to evaluate players and see where we're at," Shanahan said Sunday.

The last part of the quote drew criticism around the league and raised eyebrows at Redskins Park.

A clearly agitated Shanahan tried to clarify his remarks on Monday, noting five of the team's past seven games are against NFC East opponents, giving Washington a chance to make a late run. "We're gonna play every game to win; it doesn't matter what our record is," he said.

Most of his players haven't thrown in the towel on the season. Said fullback Darrel Young: "Anything can happen on Sundays. We are 3-6 and want to finish 10-6."

As proof of Shanahan's confidence, he said there will be no changes in his coaching staff as the Redskins head into a bye week. But that doesn't mean he isn't thinking long-term. "It's going to take a while," Shanahan said. "I think we're headed in the right direction." (EXPRESS/AP)

Not Going Anywhere

The job of Redskins defensive coordinator Jim Haslett is safe through the team's bye week, head coach Mike Shanahan said at his weekly press conference on Monday. The Redskins' defense has been maligned this season after many thought it would be the strength of the team. Shanahan may be frustrated, but he said he plans no changes. (EXPRESS)

"The Redskins at this point are a terrible team, a terrible franchise. And it comes down to who's making the decisions. You look, off the field, they're doing some great things. But on the field, you can't tell me that this coaching staff is anywhere close to the top. They're terrible right now. The players are terrible, the coaches are terrible, and something needs to happen."

— **BRIAN MITCHELL,** FORMER REDSKINS RUNNING BACK AND CSN COMMENTATOR

Early Warning Signs for Wizards

Starting lineup has yet to find rhythm for the winless team

The Wizards

Two games represent a tiny fraction of an NBA season and might be too small a sample size to constitute a trend, but the early struggles of the Wizards' starting five — and newcomers Emeka Okafor, Trevor Ariza and Bradley Beal, in particular — are already a concern.

Through their first two defeats to Cleveland and Boston, the Wizards' starters have created double-digit deficits and relied upon the bench to stage furious rallies just to make games competitive.

As he watched his starting unit dig the team into a 15-point hole in the first quarter of an 89-86 loss to the Celtics on Saturday at Verizon Center, coach Randy Wittman worried if he'd "ever see daylight again."

Afterward, Wittman said he would have to consider making some changes before the team returns to action Wednesday in Boston.

"When you get off to starts like this, you do," Wittman said. "We just got blitzed again at the start of the game."

The lineup of Okafor, Ariza, Beal, Trevor Booker and A.J. Price started just two of the eight preseason games, and the players admitted that unfamiliarity has contributed to some of the early problems.

But Price was unwilling to use that as an excuse for the starters missing 13 of 14 shots and failing to have a shot actually fall through the basket until Booker made a finger roll with five minutes left in the first quarter against Boston.

"I don't really have an answer to why we're not coming out with the sense of urgency," Price said. "Right now, that's the biggest thing. You can understand missing shots and things like that. That happens in games. You're going to miss shots. But to look lethargic, like we did, is unacceptable."

(THE WASHINGTON POST)

Boost From the Bench

Lost in the Wizards' woes has been the play of guard Jordan Crawford off the bench. Crawford has led the team in scoring in each of the first two games, averaging 16 points and four assists. Last year, he struggled as a backup before elevating his play and claiming the starting job. A better attitude has helped Crawford respond to his current situation in a more positive manner this year. (TWP)

"Since it's the first two, everybody is paying attention, but I don't think much needs to be made of it."

— **EMEKA OKAFOR,** WHO SAYS THERE'S NO NEED TO OVERREACT TO THE WIZARDS LOSING THEIR FIRST TWO GAMES OF THE SEASON. THE EIGHT-YEAR VETERAN ADDED THAT THERE IS PLENTY OF TIME FOR THE TEAM TO MAKE CORRECTIONS.

In Brief

COLLEGE FOOTBALL

K-State Is Hopeful Star QB Will Play This Weekend

Kansas State coach Bill Snyder is hopeful that injured quarterback Collin Klein will be available for next Saturday's game at TCU. The Heisman Trophy candidate was hurt during the third quarter of the No. 3 Wildcats' 44-30 victory over Oklahoma State on Saturday. Snyder did not discuss the nature or severity of the injury, but all indications point toward a possible concussion. (AP)

PRO BASEBALL

Ortiz Staying in Boston

David Ortiz, the face of the Red Sox since helping Boston end an 86-year World Series drought in 2004, has finalized a $26 million, two-year contract. The soon-to-be 37-year-old Ortiz attended a Fenway Park news conference Monday to announce the agreement. (AP)

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Sports

Patriots Junior Has a Tall Task

Big man expected to become George Mason's new leader

Mason Hoops

Big things were expected from Jonathan Arledge. That's why Georgetown and other high-profile college basketball programs came calling on the 6-foot-9 lefty while he was playing for KIMA charter school in the District a few years ago.

Arledge settled on George Mason, where Paul Hewitt, the Patriots' second-year head coach, still expects big things from the junior forward.

And so does Arledge, who showed flashes of brilliance last season. "This is a very important year for me if I want to make it to the next level," Arledge said recently.

KATHERINE FREY/TWP

Jonathan Arledge averaged 4.3 points per game for George Mason last year.

What advice does Hewitt have for Arledge? "Play just like you did at the [Colonial Athletic Association] tournament," Hewitt said.

Arledge averaged 4.3 points and 3.1 rebounds in 12 minutes per game last season in 31 outings. But he had four points, three blocks and six rebounds in a win against Georgia State in the CAA tourney last March. Then he had 10 points and a season-high 11 rebounds in 21 minutes as a reserve in a 74-64 loss in the semifinals to VCU, which went on to win the title. "I was ready to play and ready to win," Arledge said of the tournament.

The Patriots, picked to finish third in the CAA this season, will need improved numbers from Arledge and sophomore forward/center Erik Copes (3.3 points per game, 3.7 rebounds per game) after the graduation of CAA player of the year Ryan Pearson. Mason must also replace the 6-foot-9 Mike Morrison.

"They were our physical leaders and they were our vocal leaders. They were leaders by example," Arledge said. "Coach wants me to be vocal on and off the court and lead by example."

DAVID DRIVER (FOR EXPRESS)

State of Disarray

The Colonial Athletic Association, which has sent two teams to the Final Four since 2006, is in a state of flux. Virginia Commonwealth bolted to the Atlantic 10. Georgia State and Old Dominion are in their final season after making football-influenced commitments to the Sun Belt and Conference USA, respectively. Neither is eligible for the CAA tournament. Nor are Towson and UNC Wilmington, which failed to meet NCAA academic requirements. It will leave the league with just seven teams scrambling for the NCAA automatic slot at the conference tournament in March. (THE WASHINGTON POST)

TV Lineup

COLLEGE FOOTBALL (8 P.M., ESPN2) Ball State tries to hand Toledo its first loss in the Mid-American Conference this season.

SOCCER (2:30 P.M., FSN) Arsenal takes on Schalke in a UEFA Champions League match in Gelsenkirchen, Germany.

Sports

The Hits Keep on Coming For Beleaguered Terps

Terps Football

The absurdity has officially migrated over to the Maryland defense.

Senior linebacker Demetrius Hartsfield, one of the Terps' four captains and one of their biggest defensive weapons, suffered a torn ACL in Maryland's 33-13 loss to Georgia Tech on Saturday and will miss the rest of the 2012 season.

A quiet, emotional leader in the locker room as well as Maryland's leading tackler, Hartsfield had his legs taken out from underneath on a legal cut block in the second quarter of Saturday's game.

"This is another tough loss for the program," coach Randy Edsall said in a statement. "Demetrius is a captain and has been a leader of this defense both on and off the field. ... To have his senior year cut short is just disheartening."

Hartsfield has a team-high 78 tackles this season, 3½ sacks, one interception and two fumble recoveries. He ranks 10th nationally with 338 career tackles.

This makes three quarterbacks — C.J. Brown, Perry Hills and Caleb Rowe — and Hartsfield, who served with a quarterback-esque mentality on the defense, out for the season with torn ACLs for the Terps. (THE WASHINGTON POST)

Murray Is Right at Home

KIRSTY WIGGLESWORTH/AP

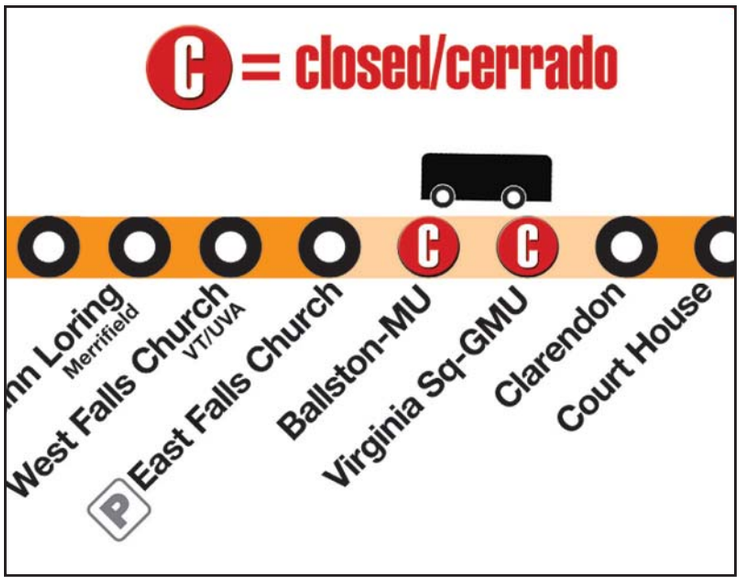
ANDY MURRAY hits a shot against Tomas Berdych of Czech Republic during their match at the ATP World Tour Finals in London on Monday. Playing in his home country for the first time since winning the U.S. Open two months ago, Murray wasted 10 break points before beating Berdych 3-6, 6-3, 6-4.

ROOKIES

Tough Grader

Andrew Luck is his harshest critic. One day after breaking Cam Newton's single-game record for yards passing, the rookie QB gave himself a midterm grade of C — even though Luck has already won five games, two more than Peyton Manning did in his first NFL season, and is on pace to set several rookie records. (AP)

TRACK WORK THIS WEEKEND



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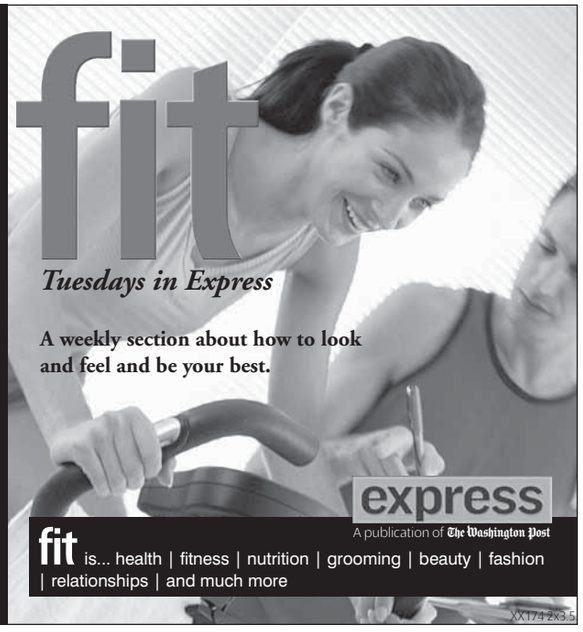

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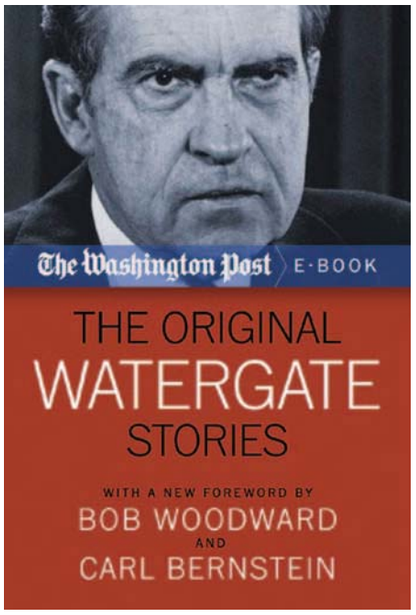

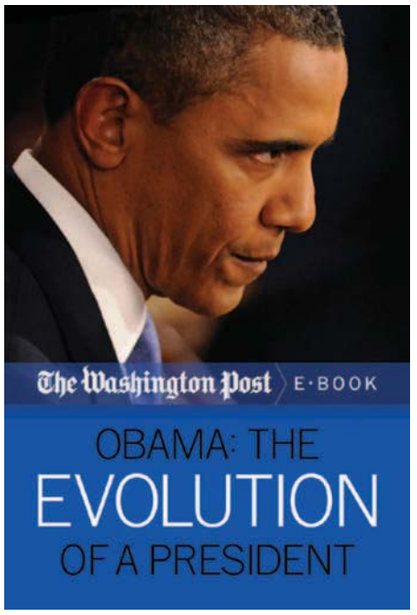

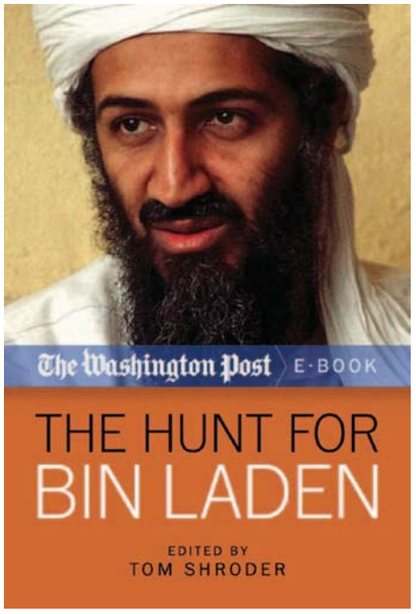

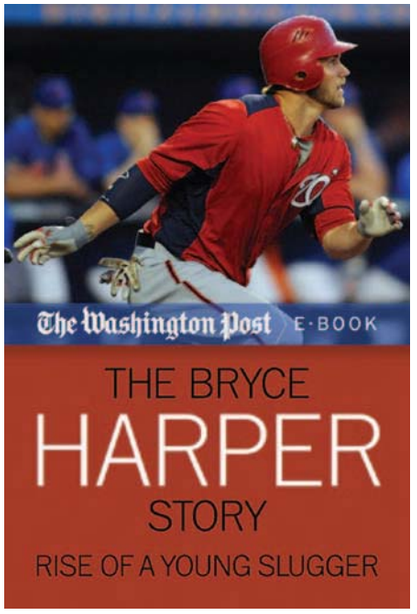

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Guinea Pig | Belle Power

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See your weekly Gold's Gym Trainer Tip on the next page.

Hold On for One More Plié

At the Barre Code's cardio class, you'll bend deeper, move faster and sweat more

Barre workouts are designed to make muscles burn, legs shake and faces glisten. But sometimes you want to plié yourself to perspiration, Amy Barnes says. And for that, you need Cardio Code, the signature class at her new Del Ray studio the Barre Code.

Barnes first grabbed a ballet barre as an exercise prop back in Lexington, Ky., while teaching at a Pure Barre studio. (A D.C. location of that method is set to open within the next few months.) When Barnes moved to Washington, she became the lead teacher at B.Fit in Logan Circle, where she trained several women who have opened other area barre studios.

So when it was time to strike out on her own, Barnes knew what she could add to the equation: cardio.

"Over the years, I've gotten the same question," she says. "'What are you doing for cardio outside of barre?'"

Her answer: "I'm doing Flashdance by myself."

To lift her heart rate, Barnes does more exaggerated movements than you'd see in a typical class. Now she's translated that into something she can teach, starting with a warm-up that always features push-ups and planks before heading into high-energy dance segments that leave the room breathless.

"This is a city of runners, and I'm not a runner," says Capitol Hill resident Kristen Degischer, 32, who's visited lots of barre studios looking for something sweatier. She found it with Cardio Code. "The moves are comparable, but we're working at a faster pace and more repetition."

The exercises still manage to tire out those little stabilizers that barre is known for targeting, but when Barnes has students squat deeply into a plié and then shoot up onto their toes in relevé, they're also working larger muscle groups.

Moves such as the Pony — the '60s-era dance step — have students hopping more than they would in a basic barre class. Barnes has tried to make that easier on the joints with the design of the studio. It has a sprung floor to absorb shock, and instead of hardwood, it's made of a composite material that resembles vinyl. (It's comfortable and adds traction, so students can go barefoot without worrying about slipping.)

To make sure increased range of motion doesn't translate into wild flailing, Barnes hammers technique and isn't shy about adjusting students' bodies until they've got the hang of an exercise.

"My goal is to do a hands-on assist for every single person in class," she says. "If you're doing it wrong, you're not getting the workout you came here to get."

In case you still have energy when it's time for "back dancing," Barnes can take care of that. She shuts off the lights, cranks the music even higher and shouts at everyone who's lying on the floor in a hip bridge to "Tuck! Now!"

"I want them to have the biggest finish. Hit muscle fatigue and push it beyond," she says.

It looks like Barnes has cracked that code. VICKY HALLETT (EXPRESS)

TEDDY WOLFF PHOTOS

Owner Amy Barnes likes to give all of her students hands-on assists during classes to make sure their technique is correct.

Even when students are stretched out beneath the barre, they're still working hard.

Event Horizon

All barre-inas — and barre-inos! — are invited to the Barre Code's grand opening (4-6 p.m., Sat., 2413 Mount Vernon Ave., Alexandria) for snacks, a raffle and more. RSVP at 703-299-0259 or Info@the-barrecode.com.

Barre-Hopping

- Georgetown's Fuel Pilates introduced the D.C. area to **Xtend Barre**, and now owner Kelly Griffith is opening a second studio completely dedicated to the method, which is rooted in Pilates principles. Swing by (1228 Blagden Alley NW, 202-289-2020, Xtendbarredc.com) for Saturday and Sunday's grand-opening festivities, which include free classes (at 9 a.m., 10:30 a.m. and noon). If you don't get into a class, you'll get a code for a freebie to take later.
- New ideas keep erupting at Arlington's **Lava Barre** (3260 Wilson Blvd., 571-483-0468, Lavabarre.com), which has been experimenting with different class formats. One new offering is Lavalicious (every other Saturday at 3 p.m.), taught by pole-dance instructor Jessalyn Medairy, who uses the barre as a prop for sultry choreography. The studio also has outdoor training for small groups and plans to add prenatal and postnatal classes in January.

Meet The Trainer

Keith Hennings

Certified Personal Trainer
Tysons Corner Gold's Gym

Keith holds a degree in exercise science from the University of South Carolina, where he graduated Cum Laude. As a strength and conditioning intern in multiple Division I college programs, he helped train athletes in sports ranging from football to tennis. Keith is a firm believer that you should always be challenging yourself to get better, and that your training should help you to achieve whatever your goal is, whether that means competing at a higher level, looking and feeling better, decreasing your risk of chronic disease, or just making everyday activities easier to accomplish.

Certifications:

- National Strength and Conditioning Association Certified Strength and Conditioning Specialist
- American College of Sports Medicine Certified Personal Trainer
- CPR/AED

To schedule an appointment with Keith or another Gold's trainer, come to a Gold's Gym location near you or visit our website.

GOLD'S GYM

Trainer Tip of the Week

The crisp fall air has its advantages and is a great time to get active. Looking ahead to the holidays, now is the time to get moving, whether it's a hike, bike ride, pick-up football game, or something as simple as raking leaves. All are a great way to get your heart pumping, which in turn burns calories!

GoldsGym.com

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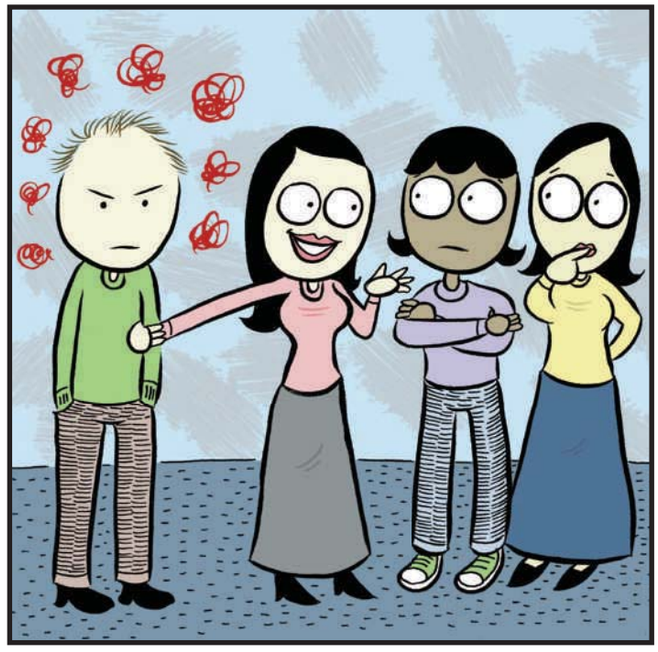
baggagecheck



BEN CLAASSEN III

In Their Home, On the Defense

Q I've been living with my parents for two years since my college graduation while I wait tables (among other jobs) and try to get myself together. I pay a little bit of rent and help out when I can. Recently, my father accused me of stealing money from them. He and I have never really seen eye to eye, but this is a total slap in the face. I can't afford a place on my own yet, and I can't stay in a place where I don't feel trusted. I don't know how to make him see that I didn't do this. FALSELY ACCUSED

There's a pretty big gap between not seeing eye to eye and accusing someone of theft. And in that gap lies the prognosis for your situation: How deep are his resentments? How much is he willing to see the good sides of you and consider that he's wrong?

Ask your mom what you could do to get back on the right track with him, and try to examine the role you play (no matter how small) in the conflict. There's also the chance that your dad is having some cognitive or emotional symptoms that make him out of touch with reality. The more you're willing to open the lines of communication and be compassionate, the better off you'll be.

Your Plus One Is a Negative

Q My husband is a cranky person. I've dealt with it for years — it doesn't bother me. I've recently realized that it really bothers some of my friends. We're getting invited to fewer things. And I used to vent about him to my friends and we'd all laugh together about it. Now I notice they don't laugh as much. I don't want my friends to hate my husband, but I know that he's not going to change and shouldn't have to. GRUMPY'S WIFE

Your friends don't believe he should have to change either — and that's precisely why they've stopped inviting you two to things. It's one thing to be the lovable grump. It's another to be the guy who makes people want to stab their eyes out with an olive fork.

You need to open yourself up to a real conversation with your most trusted friend. Tell her what you've told me, and try to keep from being defensive if you can. They're not necessarily judging your marriage — or even your husband — just because they don't happen to want to spend time with him. But you need to make it clear that you don't want to lose them. You don't have to be a package deal.

@ Send your questions to Dr. Andrea Bonior at baggage@readexpress.com. Andrea is a local clinical psychologist and author of the book "The Friendship Fix" (Friendshipfix.com).

Event Horizon

Swoosh Society

Nike's new Georgetown store (3040 M St. NW; 202-471-5870), a three-level showcase of the brand's hottest stuff, is really up and running. The store boasts two Woodway treadmills for gait analysis and hosts a Nike+ Run Club that will head out at 6:30 p.m. today (and every Tuesday). There's also a ladies-only weekly run at 6:30 p.m. Thursdays. For details about the runs and the forthcoming Nike Training Club, follow @Nikedc on Twitter.

Buzz for the Biceps

Don't just hydrate before working out — consider caffeinating

Does exercise excite you? If not, try sipping a caffeinated beverage, which can give you more enthusiasm about exercising and boost your performance, according to a new study done by researchers at Coventry University in the U.K.

10-15 mg

Amount of caffeine that people need per 10 pounds of body weight in order to get the exercise boost that subjects experienced in a U.K. study

In the experiment, 13 people were divided into two groups. One group received a caffeinated beverage one hour before hitting the gym, while the second group gulped a placebo. The caffeine group completed an average of 38 percent more repetitions of each exercise, and they also reported having more energy and enthusiasm about exercising, compared to their noncaffeinated counterparts.

Here's why caffeine helps: When you put your muscles to work, a molecule called adenosine builds up in your muscle cells. That molecule muddles communication within your central nervous system and can limit your workout potential, says study author Michael Duncan. But caffeine appears to limit the buildup of adenosine, he says. Past studies have shown that caffeine can also improve aerobic performance, Duncan says.

How much caffeine do you need for this experience? Roughly 10 to 15 milligrams per 10 pounds of body weight, Duncan says. For a 130-pound woman, that works out to about 175 mg of caffeine — or the equivalent of one cup of coffee. MARKHAM HEID (REPRINTED WITH PERMISSION OF WOMEN'S HEALTH MAGAZINE © RODALE INC.)

Recipe File

QUICK SAUTEED BRUSSELS SPROUTS WITH TOASTED WALNUTS AND LEMON

MATTHEW MEAD/AP

Ingredients

- **½ cup coarsely chopped walnuts**
- **1 ½ pounds Brussels sprouts**
- **2 tablespoons extra-virgin olive oil**
- **Zest and juice of 1 lemon**
- **Salt and ground black pepper**

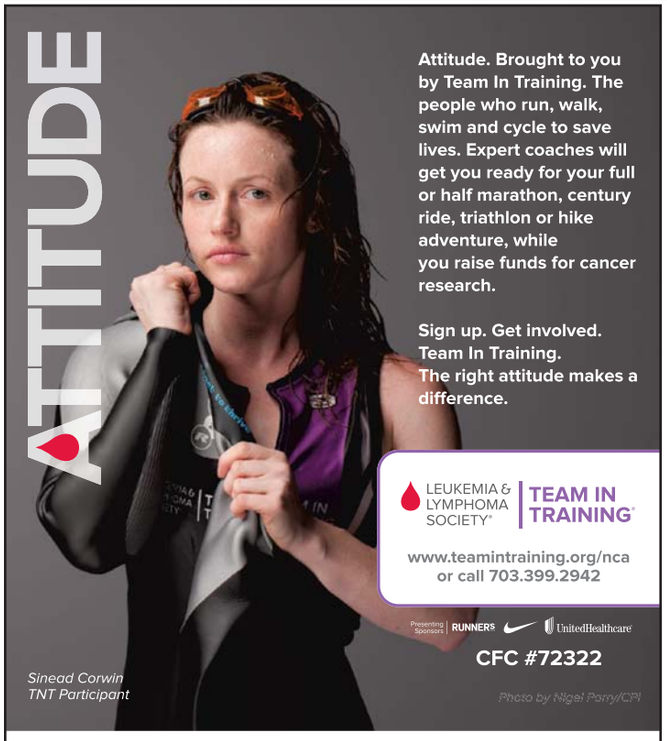
Makes Six Servings

Heat the oven to 350. Put the walnuts in a pie plate and toast them in the oven for 8 to 10 minutes until they are fragrant and a shade darker.

Trim the Brussels sprouts and discard any damaged outside leaves. Use a food processor fitted with the thin slicing blade to shred the sprouts.

In a large skillet over medium-high, heat the oil. Add the sprouts and lemon zest, then reduce the heat to medium. Cook, stirring, until crisp tender, about 5 minutes. The pan will seem crowded in the beginning, but the sprouts will shrink down quickly. Season with salt and pepper, 1 to 2 tablespoons of the lemon juice and the walnuts. (AP)

**150 calories; 100 calories from fat (67 percent of total calories); 11 g fat (1.5 g saturated; 0 g trans fats); 0 mg cholesterol; 12 g carbohydrate; 5 g fiber; 3 g sugar; 5 g protein; 190 mg sodium.**



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Running Commentary

Runner's World editor discusses the sport's link to political races

The news about running hasn't been so hot recently. There's the Michigan dentist who's been labeled a "marathon fraud" for his questionable wins. There's the competitive runner who was caught injecting EPO. Even the Lance Armstrong scandal has extended to his marathon times, which are likely to get wiped from the record books.

"There's lying and cheating in the air. It must be a presidential election year," jokes David Willey, editor-in-chief of Runner's World, which unexpectedly had a scoop this summer when it found that Paul Ryan had fudged his claim that he'd run a marathon in less than three hours.

Whether the GOP vice presidential candidate purposely lied or just has a bad memory, the story had legs — particularly among Willey's readership.

"Runners are upstanding, responsible, goal-oriented people who put pride into efforts and times," he says. "He tried to claim credit for an achievement without doing the work. That violated their unspoken code."

Willey

Will it affect the results of today's election? Probably not, Willey says, but he thinks runners as a voting bloc will cast their ballots with a few specific issues in mind, including the environment and health care. Personally, he'd like to see running used as a public policy in the fight against obesity.

JOHN MOTTERN/AFP/GETTY IMAGES

President Bill Clinton runs with a Secret Service agent on Martha's Vineyard in 1997. He treated his jogs as social outings and often ended up at McDonald's.

"It's the best and quickest way to get kids moving," Willey says.

It's also an effective regimen for presidents, who don't just run for office but also for exercise, stress relief, mental clarity and a host of other benefits, he says. The November issue of Runner's World features an interview with former Secret Service agent Nick Trotta, who ran with President Bill Clinton and both Presidents Bush.

"You can really tell a lot about the person by what kind of runner he or she is," says Willey, who notes the major differences between the presidents' styles. While W liked to go out in 100-degree-plus weather and rarely had anyone other than his security detail tag along, Clinton used his jogs as social events, inviting other folks to join in and often ending with a bite at McDonald's.

Willey finds it unremarkable that so many presidents have been runners. ("It's not as though they're stamp collectors. There are a lot of runners in America.") What amazes him is that more politicians don't run.

"Running sends the message that a president is healthy, vigorous and active," Willey says. "It's also incredibly egalitarian and democratic. You can do it anywhere, and it doesn't take a lot of time."

That's important when your schedule includes running the country. VICKY HALLETT (EXPRESS)

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Earning Their Stripes

District CrossFit started out small, but it keeps getting bigger and stronger

"There isn't a single thing we can't do," Andrew Killion boasts while showing off the newest digs for District CrossFit (Districtcrossfit.com). The 10,000-square-foot gym — or "box," in CrossFit lingo — opened last week in Southwest D.C. with just about every toy a strongman or strongwoman could imagine.

Of course, there are the bars, ropes, rings and kettlebells that are the staples of CrossFit training. But there are also the tiny blocks to grip while doing pull-ups, the axle (a type of barbell that's so thick it's tough to wrap your hands around) and even a few atlas stones. "They're great awkward objects," Killion says of the massive rocks, which weigh well more than 100 pounds each.

With this arsenal of strength and conditioning equipment, Killion plans to add power lifting and Olympic weight lifting to the schedule. Also slated to start soon: a new CrossFit Kids program for ages 6-15, which teaches exercises in the guise of games.

TEDDY WOLFF PHOTOS

Andrew Killion, left, demonstrates a squat with a specialty bar. Coach Noah Gabriel-Landis, right, carries an atlas stone.

The most important thing this space will offer, however, is stability.

"It's been a roller-coaster ride," says Killion, who opened District CrossFit in 2010 in a cramped garage on New York Avenue in the Mount Vernon Square neighborhood. When that building was slated for demolition, the business took over a larger spot across the street. But it was never meant to be a long-term lease, and a notice quickly came from the landlord saying it was time to go.

While getting ready to open at the newest location — 1525 Half St. SW — Killion got word that plans had changed and District CrossFit could stay put. So for the foreseeable future, he's operating two boxes, and members can go to either for no additional charge.

Both have walls painted with red stripes as an homage to the D.C. flag — and as a target for students throwing balls. But this new space has several more frills, including locker rooms with showers. A large office has been reserved for forthcoming physical therapy, massage and chiropractic services. And the former storage facility is up against an alley, which is well suited for the CrossFit pastimes of flipping tractor tires and pushing weighted sleds.

Southwest Sweat

There's another new fitness option in the quadrant — Laurent Amzallag's Yala classes at 700 Water St. SW. The weekly dance workout kicks off at 4 p.m. this Saturday. It's $10 to attend. For details, see Yalafitness.com.

"Some people think it's so far away, but the minute they walk in, they say, 'This is awesome,'" says Killion, who's psyched for the location near Nationals Park.

For now, it's one of the only fitness businesses in that part of the city. With so much development nearby, that may soon change. Vida Fitness announced it would anchor a condominium project a few blocks away in the Capitol Riverfront neighborhood.

To lure in the locals, Killion plans to host an open house the day after Thanksgiving. That will be good timing to put down your fork and try to lift something heavier.

VICKY HALLETT (EXPRESS)

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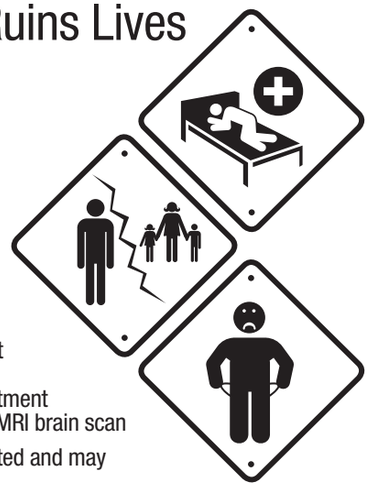

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The Truth Bares All
Tanning salon confirms that Amanda Bynes did not wander around in the nude 47

Sound Bets

A389 RECORDINGS

District of Metal

Though it's the opposite of quiet time, heavy metal is like meditation in that it forces you to think about things you might otherwise ignore. Two new full-lengths from D.C.-area metal bands — Ilsa's "Intoxications" (Relapse) and Pig Destroyer's "Book Burner" (A389) — explore the dark side of humanity.

By Christopher Porter

Pig Destroyer plays a brutally fast style called grindcore. "Book Burner" is the band's first album in five years, and Pig Destroyer's energy is still stunning — every track sounds like a fist fight. The imagery is intense, too: The furious first single, "The Diplomat," has an amazing accompanying video depicting a suited man giving apes machine guns and then watching them figure out how to use them.

Ilsa, at top, doesn't play with the same speed as Pig Destroyer, but "Intoxications" sounds just as menacing. Should Beelzebub need a house band for the end of days, Ilsa's growling, occult-filled, doom-laden incantations — such as the self-explanatory "Say You Love Satan" — will sound track the apocalypse with chest-crushing flair.

Or, if that sounds a little anxiety-producing, you can choose silent meditation. ▶ Stream both discs at Pigdestroyer.bandcamp.com and A389recordings.bandcamp.com.

@ Read Christopher's previous columns at: **expressnightout.com/soundbets**

Drink Up Democracy

Whether you vote in swingy Virginia, solidly blue Maryland or die-hard Democratic D.C., the run-up to Election Day is exhausting — and in D.C. and Maryland, your vote doesn't even matter that much. But that can't dampen the excitement of the fact that after tonight, we don't have to deal with electioneering for at least a couple of months. We've got the scoop on the best places to ride out tonight's results — and celebrate afterward. FIONA ZUBLIN AND EMMA BECK (EXPRESS)

If It Ain't Got That Swing

Drink election night away in front of big-screen TVs tuned to the news with Art and Soul's (415 New Jersey Ave. NW; Artandsouldc.com) eight swing-state cocktails ($13, $7 during happy hour). Each toss-up state gets a dedicated drink — the weirdest is Wisconsin's Cheese Head — and it's half price for 15 minutes after its namesake's vote results are called. Bonus: Anyone wearing an "I Voted" sticker can get two swing-state cocktails for the price of one. E.B.

Get Presidential

If you work downtown, there's no better (or more aptly named) place to watch the results come in than on the TV screens (they're bringing in extras to supplement the usual two) at Lincoln (1110 Vermont Ave. NW; Lincolnrestaurant-dc.com). This is the last night for the Elephant and the Donkey ($8 each), the restaurant's two election-themed cocktails, and tonight you can pair them with dishes inspired by the candidates, including Pretzel Crusted Crab (Romney) and Kahula Pork Belly (Obama). It's free, but RSVP to rsvp@lincolnrestaurant-dc.com to guarantee a spot. F.Z.

COURTESY OF LINCOLN

The Great Game

As exciting as election night can be, there's an awful lot of waiting involved. So Penn Social (801 E St. NW; Pennsocialdc.com), with its embarrassment of foosball, skeeball and billiards, is the perfect place to wait out the night. Keep an eye on the results projected in HD on all seven projector screens, and stay amused with raffles, games, red and blue cocktails and (early in the evening) political trivia contests. F.Z.

Where the Ron Paul Write-Ins Are

Wondering where to find Libertarians on Election Day? BlackFinn (1620 I St. NW; Blackfinndc.com) will be home to a party hosted by the America's Future Foundation and Reason. No need to RSVP; just show up to play election night bingo, or our favorite game to play with Libertarians, "How Do you Pronounce Ayn Rand's First Name?" F.Z.

WeekendPass

Never mind tonight — you'll really need a drink, to celebrate or mourn, once you've accepted the final election results. Watch for our guide on where to hang out to lose your post-election blues, savor the taste of victory or avoid talking politics altogether in Thursday's dining section inside Weekend Pass. F.Z.

Newton-John Keeps It Classic

'Grease' star revisits her hits and reunites with John Travolta

Music

Olivia Newton-John sounds just as you remember her from the movies.

And lucky for those fans who still sing along to the songs she made famous in her role as Sandy in the 1978 movie "Grease," the Grammy winner — now 64 —has launched a national tour and is headed to the Washington area.

"It's really a journey through my music," Newton-John says of the tour. "I go through the music from way back, when I started with country. I go through 'Grease' and 'Xanadu' and other successful records I've had."

Next up in the nostalgia department is her Christmas album with "Grease" co-star John Travolta.

UNIVERSAL MUSIC ENTERPRISES

John Travolta isn't on tour, too, but he shares a new album with Newton-John.

"This Christmas" (out Nov. 13) is all holiday standards save for one song, "I Think You Might Like It," which is being billed as a sequel to "You're the One That I Want." Both songs were written by John Farrar.

As for her concert, she promises there won't be any new orchestrations of her hits: no remixing "Hopelessly Devoted to You," no dubstep take on "I Honestly Love You." The classics she sings will be the classics you know.

"I always remember, when I was a young girl going to see one of my favorite artists, and she changed the songs and I was really disappointed," says Newton-John, who grew up in Australia. "From a fan's point of view, people want to hear it the way they heard it."

JESSICA GOLDSTEIN (THE WASHINGTON POST)

● ***Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda; Nov. 16, 8 p.m., $38-$78; 301-581-5100, Strathmore.org. (Grosvenor-Strathmore)***

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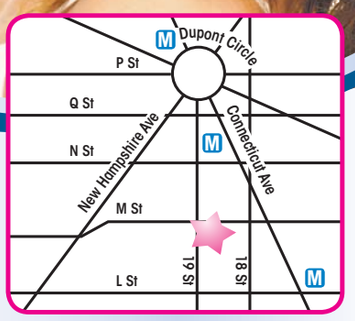


lookout entertainment

UBISOFT

It's Revolutionary

'Assassin's Creed III' transports players into Colonial America

Video Game Review

Video games promise to take us to new worlds, but few have lived up to that idea as well as "Assassin's Creed III." Its new world is, well, the New World, and its re-creation of Colonial America feels entirely fresh.

The streets of Boston are crammed with scoundrels and freedom fighters chafing under British rule. The frontier is populated by hardworking immigrants struggling to make a new life and natives fighting to preserve theirs. The protagonist, a half-British, half-Mohawk warrior who calls himself Connor, falls somewhere in between.

He's part of a long line of Assassins who have been fighting a centuries-old battle against the Templars. The Assassins want freedom, the Templars want control. It seems obvious which side Connor will take in the brewing Revolution — but his Mohawk blood complicates things.

The result is a freewheeling romp through 18th-century America, from Boston to New York with stops in Lexington, Concord and points unknown. The sprawling cast includes Ben Franklin, Sam Adams, George Washington and Thomas Jefferson. And Connor is present at such seminal events as the Boston Massacre, the Boston Tea Party and Paul Revere's ride.

'Assassin's Creed III'
$60 (Xbox 360, PS3); **$40** (Vita)

While there are side missions that may wear on your patience, the game's irreverent take on the adventures of our Founding Fathers is utterly delightful. LOU KESTEN (AP)

Still MAD, Still Cracking Jokes

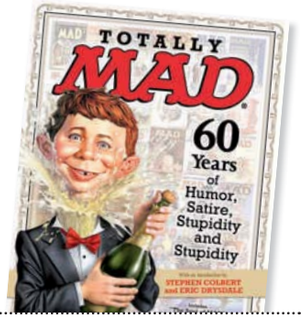
'Totally MAD' wraps 60 years of satire into a nostalgic package

Books

Alfred E. Neuman still looks like the gap-toothed grinning idiot who's too amused by life's pranks to be anxious — the same freckled and reckless boy mascot who perpetually puts the "sophomore" in sophomoric. But as MAD magazine turns a hard-to-fathom 60 years old, you peer a little closer to see whether gravity, if not gravitas, is tugging at that cartoon smirk.

> **"I like to say: 'We do timeless humor — as long as your clock is broken.'"**
>
> — **JOHN FICARRA,** A VETERAN EDITOR OF MAD MAGAZINE, ON THE SATIRICAL PUB'S ENDURANCE AND PHILOSOPHY

The publication's main worry is how to stay at the forefront of the very marketplace it helped pioneer more than half a century ago. For at least two decades, MAD was the satiric wolf in "kids' magazine" clothing that subversively encouraged readers to question authority (from Ike to LBJ to Nixon), think for themselves and challenge a world that could take itself too seriously.



Enter: "Totally MAD: 60 Years of Humor, Satire, Stupidity and Stupidity" ($34.95, Time Home Entertainment) which — after a foreword co-written by Stephen Colbert — unfurls a collection of first-rate contributions that cover many of MAD's most beloved features: Spy vs. Spy. "The Lighter Side of ..." "Snappy Answers to Stupid Questions." Parodic posters of Nixon and Clinton. And movie spoofs.

"'Totally MAD' is for older readers," says veteran MAD editor John Ficarra. "This is clearly a nostalgia trip, and, hopefully, they'll be transported back to their bedrooms or their cousin's basement." MICHAEL CAVNA (THE WASHINGTON POST)

Today's Top Stops

COMPILED BY FIONA ZUBLIN

COURTESY JEFF GATES

1 Art to Agitate

Artist and activist Jeff Gates harnesses the graphic power of propaganda posters to make a visual statement about obstructionist politicking, empty rhetoric and the greater good, in his exhibition the Chamomile Tea Party. Some of the 46 works will later be included in a high-school textbook. ***Curator's Office, 1515 14th St. NW, Suite 201; through Wednesday, free; 202-387-1008, Curatorsoffice.com.***

2 Democracy and All That Jazz

We've been trying to come up with reasons the Kennedy Center is celebrating election night with a jazz concert from Jason Moran while the results roll in on big screens. Is it a metaphor? Election season can be as random and infuriating as free jazz. Either way, if the next administration cuts arts funding, you'll be glad you took advantage of it while you could. ***Kennedy Center, 2700 F St. NW; Tue., 6 p.m., free; 202-467-4600, Kennedy-center.org. (Foggy Bottom)***

3 Presidential Snacks

On Election Day, Jackson 20's chef Brian McPherson has turned to history for inspiration. Thus his Andrew Jackson-inspired menu, which includes a cheese dessert — possibly an homage to the 1,400-pound block of cheese Jackson kept in the front hall of the White House. ***Jackson 20, 480 King St., Alexandria; Tue., 6:30 p.m., $20 prix fixe, must wear your "I Voted" sticker; 703-842-2790, Jackson20.com.***

Your Guide to Election-Night Viewing

The news networks map out coverage — with online extras

Television

Americans have an array of options for following returns Tuesday night. Television news divisions are throwing everything they have into the story, with social media and online coverage playing a big role. Here's a quick viewing guide:

ABC: Diane Sawyer and George Stephanopoulos anchor election night for the first time, with Katie Couric monitoring social media. Dan Harris anchors a separate stream on ABC and Yahoo!'s websites.

JACOB SILBERBERG/GETTY IMAGES FOR CNN

CNNI's Richard Roth reports from CNN's Election Day Viewing Party back in 2008.

NBC: Brian Williams is the sole returning anchor from past election nights among the top three networks. Tom Brokaw will also be on hand, talking about trends and history. NBC plans to live stream its coverage on Facebook.

CBS: Scott Pelley anchors his first election night, with Bob Schieffer and Norah O'Donnel joining him.

CNN: Wolf Blitzer and Anderson Cooper have 10 analysts lined up to deliver opinions. The network is also dispatching 29 reporters to 20 separate locations across the country.

Fox News: Bret Baier and Megyn Kelly co-anchor, with analysis from Chris Wallace and Brit Hume. Fox also appears to be the only network with a reporter assigned to cover voter fraud.

NBC is turning the Rockefeller Center skating rink into a giant map of the U.S. to be filled in with results.

MSNBC: Rachel Maddow is the star of MSNBC's show, with the rest of the prime-time team chiming in.

PBS: Online coverage is available during the day before switching to TV in the evening. Historians Michael Beschloss and Richard Norton Smith join co-anchors Gwen Ifill and Judy Woodruff. DAVID BAUDER (AP)

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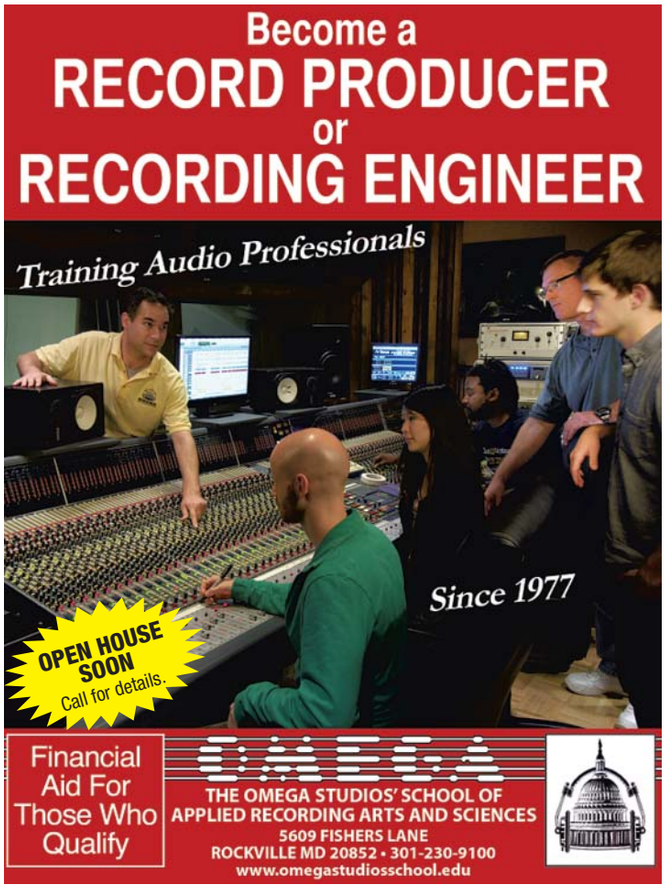

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GETTY IMAGES

"The series will be titled 'Girl Meets World' and feature Cory and Topanga's daughter in the lead role. My 1990s feels just came a'knockin'. ... This might be the best idea Hollywood ever had."

—JILL PANTOZZI AT THEMARYSUE.COM can't wait for Disney's planned "Boy Meets World" sequel series. The new show would feature original actors Ben Savage and Danielle Fishel as Cory and Topanga, and center around their preteen daughter.

"Yeah, the Tweed Ride. It is what it is. Between it and the puppet march on Saturday, last weekend was like some kind of goddamned hipster apocalypse."

—BENJAMIN R. FREED AT DCIST.COM finds two of the past weekend's area events lame.

"The phrase 'winning' may be overly trite, may even be played-out by now since twitter users ran it in the ground, but nonetheless the fact is we're #winning when it comes to transforming the image of Black women."

—KRYSTAL GLASS AT CLUTCHMAGONLINE.COM thinks BET's "Black Girls Rock Awards Show," which aired its third edition Sunday, is having positive effects.

"[John] Cusack has made no secret about his liberal politics, but this would reportedly be a nonpartisan film that looks at the evolving landscape of American talk radio, and [Rush] Limbaugh's continued influence and impact over thirty years. ... Hopefully this turns out better than Cusack's last political film, 'War Inc.,' which was absolutely horrible."

—TRAVIS HOPSON AT PUNCHDRUNKCRITICS.COM wonders if Cusack would be able to contain his personal feelings in a movie about the right-wing radio host that the actor is considering making with his company New Crime Productions.

"Now No Doubt's video for 'Looking Hot' is looking ... not."

—X. ALEXANDER AT IDOLATOR.COM reacts to news that the band pulled its latest video — which features singer Gwen Stefani dressed in Native American garb in an Old West setting — from YouTube. No Doubt apologized, saying "We realize now that we have offended people."

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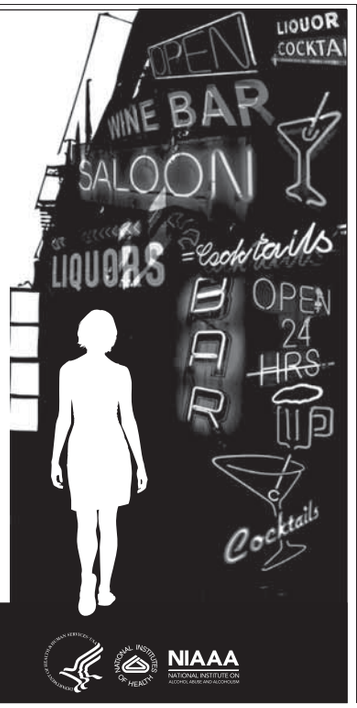

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puzzles lookout

Horoscope

SCORPIO (Oct. 23-Nov. 21) Situations collide today. Use your best judgment every step of the way.

SAGITTARIUS (Nov. 22-Dec. 21) You're expecting to get some kind of support from those who don't agree with you, but you may be disappointed by day's end.

CAPRICORN (Dec. 22-Jan. 19) The favors you've recently asked are likely to begin paying off as the day progresses. You have a decision to make.

AQUARIUS (Jan. 20-Feb. 18) In the end, you know better than the competition how to get yourself and others out of a tricky and tiring situation.

PISCES (Feb. 19-March 20) Your professional situation may not allow you to focus on your personal needs, but they will wait while you sort everything out.

ARIES (March 21-April 19) You may be trying to do things the old way when, in fact, the people around you are eager for new ideas and techniques.

TAURUS (April 20-May 20) You may find yourself dealing with someone who doesn't do things the way you do them, or the way anyone else does them, for that matter.

GEMINI (May 21-June 20) You're aware of the light at the end of the tunnel, but you may not be able to see that far directly as there are obstacles in your way.

CANCER (June 21-July 22) You may be required to defend yourself today after others make accusations that are only partially based on fact.

LEO (July 23-Aug. 22) You have good reasons for making the decisions you have been making, but today you're going to have to put your money where your mouth is.

VIRGO (Aug. 23-Sept. 22) The time has come to get far away from the territory you are now in, and move carefully back toward what you consider home.

LIBRA (Sept. 23-Oct. 22) You may have gotten yourself into a situation that is demanding more from you than you are willing to give.

PostPoints DAILY CODE U U

Scrabble Grams

PAR SCORE 160-170, BEST SCORE 223

							Double Word Score	RACK 1
I1	U1	T1	T1	G2	P3	H4		
								RACK 2
A1	A1	O1	T1	R1	C3	B3		
							3rd Letter Triple	RACK 3
O1	O1	Y4	M3	M3	N1	H4		
								RACK 4
A1	E1	U1	M3	W4	R1	P3		

Yesterday's Solution

S1	H4	U1	T1	O1	U1	T1	RACK 1 =	61
T1	O1	M3	A1	T1	O1		RACK 2 =	8
P3	I1	L1	G2	R1	I1	M3	RACK 3 =	86
F4	R1	I1	S1	S1	O1	N1	RACK 4 =	60
PAR SCORE 140-150							TOTAL	215

FOUR RACK TOTAL _____

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. Seven-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

		6		3		5		7
		5	6	1	9		2	
	2	8	7	4		1		
	5			2	4	7		1
		1	3		7	4		
7		2	8	5			9	
		7		9	3	6	1	
	3		5	8	6	2		
5		4		7		9		

Yesterday's Solution

2	9	1	4	7	6	8	5	3
7	5	3	2	9	8	1	4	6
8	4	6	5	3	1	2	7	9
4	3	7	8	5	2	9	6	1
6	1	2	7	4	9	5	3	8
9	8	5	1	6	3	7	2	4
5	2	8	6	1	4	3	9	7
3	7	4	9	8	5	6	1	2
1	6	9	3	2	7	4	8	5

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

Comics

POOCH CAFE | PAUL GILLIGAN

PEARLS BEFORE SWINE | STEPHAN PASTIS

Forecast

50 | 37

Today: Partly sunny and chilly today. Mostly cloudy tonight.

48 | 38

Tomorrow: Breezy tomorrow with rain. Rain tomorrow night.

Looking Ahead

THU	FRI	SAT
55 | 40	56 | 42	66 | 48

Sun and Moon
Sunrise today: 6:41 a.m.
Sunset today: 5:02 p.m.
Moonrise today: 11:38 p.m.
Moonset today: 12:32 p.m.

Almanac
Normal high: 62
Record high: 81
Normal low: 44
Record low: 20

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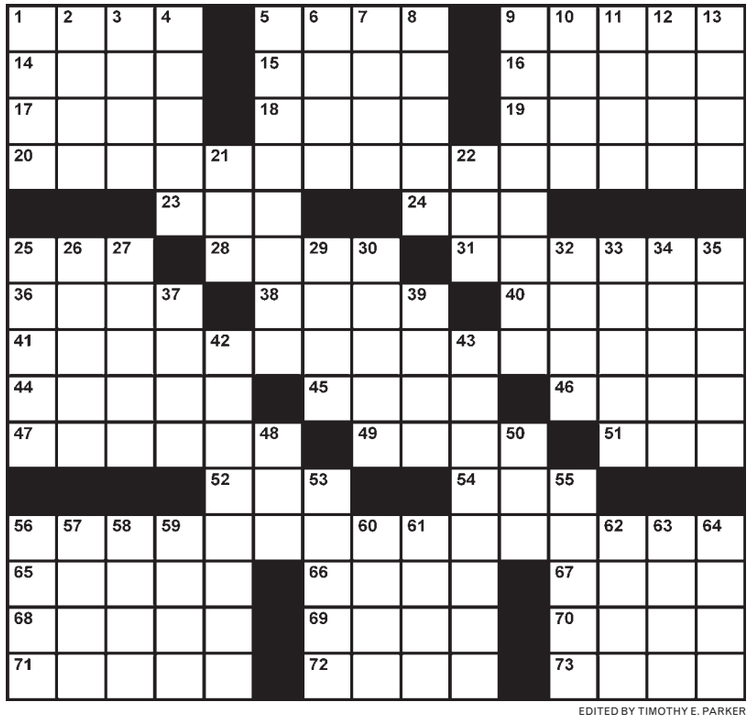
lookout puzzles

Crossword

MAN, OH MAN



EDITED BY TIMOTHY E. PARKER

ACROSS

1 Engage in a gabfest
5 Appear impressively large
9 Couch/bed hybrid
14 Prayer's end
15 "What ___ can I say?"
16 Apparently amazed
17 Wash up
18 Do a farmer's job
19 Not as well
20 Buddy from way back
23 Poet's pasture
24 Succumb to gravity
25 Name tags, briefly
28 Impish one
31 Nutty, chewy stuff
36 Baseball starters, in number
38 Stick together
40 Shorelines do it
41 Tail end of the work week
44 Drive back
45 Type of diamond earring
46 Absolutely positive
47 Sporting spots
49 Omen
51 Explosive palindrome
52 Covert fed. group
54 One-third of IX
56 Severed all ties
65 Mistake
66 One place to get fresh water
67 ___ Romeo (sports car)
68 Actor's representative
69 Rent-a-car option
70 Skiers' ride
71 A divining rod search
72 Longings
73 British nobleman

DOWN

1 Baby powder ingredient
2 Asian nurse
3 Jeans purveyor Strauss
4 Mournful peal
5 Listlessness
6 Some of this and some of that
7 Home of the Nobels
8 Canasta plays
9 One at an expo
10 Citrus variety
11 Narrative
12 Candid
13 Stereotypical computer programmer
21 New socialite, for short
22 Strike out, in baseball
25 Prefix with "red" or "structure"
26 Less rosy
27 Fools hunt it
29 Word of woe
30 Clumps of grass
32 Samovars
33 Stop burning
34 Beautify with baubles
35 Group belief
37 Earthly paradise
39 Small accessory case
42 Ordering option in a restaurant
43 Sign of nerves
48 Attack word
50 Penpoint
53 Put to rest, as fears
55 Seeing red
56 Hoover Dam lake
57 Jason's fleece-finding ship
58 Selected, as straws
59 Ages and ages and ages
60 Roof rim
61 Related
62 Napoleon's first exile
63 A distant point
64 Unfunny Marx

Yesterday's Solution

Today in History

1861 Confederate President Jefferson Davis is elected to a six-year term of office.

1947 "Meet the Press" debuts on NBC with first guest James A. Farley, the former postmaster general and Democratic National Committee Chair.

1990 About one-fifth of southern California's Universal Studios backlot is destroyed in an arson fire.

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CAC

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people lookout

DISGRACE

Carly Simon Sues to Never Be in Same Sentence as These Two Women Again

Shannen Doherty, Carly Simon and LeAnn Rimes are on the list of potential judges to fill Sharon Osbourne's slot on "America's Got Talent," according to TMZ.com. No offers have been made yet. With Howard Stern and Howie Mandel not contracted for next season, the show could have a full judges' table to recast. (EXPRESS)

SCIENCE

Half-Human/Half-Doofus Baby Expected in Spring

Kristen Bell and Dax Shepard are expecting their first child in late spring, their rep told People.com. "They're so excited — they're both ecstatic," an unnamed source said. "They can't wait to become parents." The couple have been engaged for nearly three years; they don't plan to marry until same-sex marriage is legal in California, where they live. (EXPRESS)

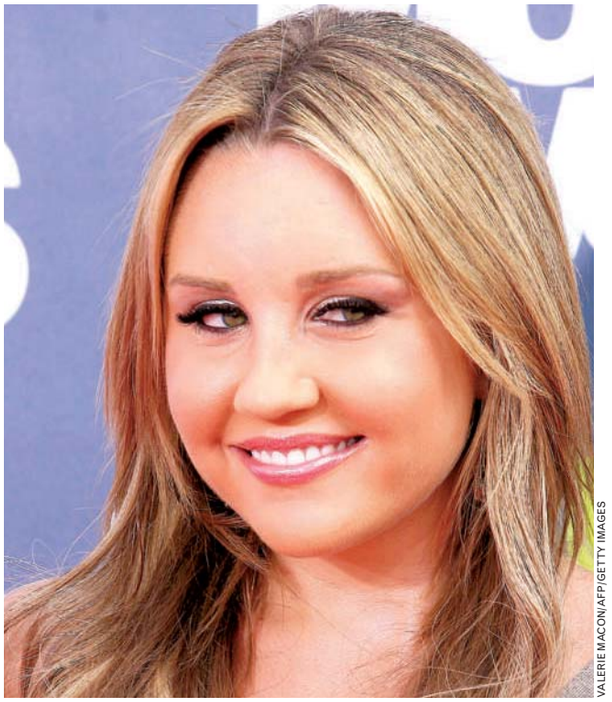
MICHAEL BUCKNER/GETTY IMAGES

"And that's a 'D' ... and that's an 'A' ... and an 'X' ... what does that spell, sweetie?"

Ugh

ISO Ghostwriter With No Dignity

Britney Spears and HarperCollins are in the midst of negotiating a book deal, an unnamed source told E! News. Spears plans to write a novel for the publishing house's It Books imprint. E! News speculated that "Spears' novels would likely be a fictionalized account of her real-life experiences." (EXPRESS)



VALERIE MACON/AFP/GETTY IMAGES

JOURNALISM

Celebrity News in an Election Week: This.

Amanda Bynes did not wander around a New York City tanning salon in the nude, James Oliver, CEO of Beach Bum Tanning, confirmed to Usmagazine.com. In Touch magazine claimed the actress had done so; she told Us this past week that she's "suing In Touch for printing a fake story. I'm not 'troubled.' I don't get naked in public. I'm 26, a multimillionaire, retired. Please respect my privacy." Oliver said "employee testimony" and security footage confirmed Bynes' account. (EXPRESS)

HEALTH

Sharon Makes Preemptive Strike Against Cancer

Sharon Osbourne told the U.K. edition of Hello! magazine that she underwent a double mastectomy after finding out she was genetically prone to develop breast cancer. "I've had cancer before, and I didn't want to live under that cloud," she said. (Osbourne had colon cancer previously.) "I decided to take everything off. ... It was a no-brainer." (EXPRESS)

"Hair doesn't define me. It's just an accessory that I get to wear, like a handbag or shoes."

—HALLE BERRY TOLD PEOPLE.COM THAT SHE IS HER "BEST SELF" WHEN SHE HAS "SHORT, SHORT HAIR," WHICH DOESN'T DEFINE HER, OF COURSE.

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